

Wholelife

EXPO CHICAGO

— May 31 - June 2 —



Schaumburg Convention Center 1551 Thoreau Dr Schaumburg, IL

200 HOURS OF TALKS, MUSIC & CLASSES INCLUDING



PROOF OF HEAVEN
EBEN ALEXANDER



GARY
ZUKAV



COLETTE
BARON-REID



KELLY SULLIVAN
WALDEN



DANNION
BRINKLEY



MARK ANTHONY
LORD



DEBRA
PONEMAN

Program Guide FEATURING

SEPHIRA, **CIRQUE OF THE SOUL**

EXPLORE OVER **200 BOOTHS**

SUSTAINABLE **CLOTHING**

LIVE MUSIC **AND YOGA**

HEALTHY **LIVING**

READERS & **BODY WORKERS**

LONGEVITY **PAVILION**

OUR **SPONSORS**



WHOLELIFE**EXPO.COM**

541 241-9153



Whole Life invites you to explore

SEPHIRA
A Cirque of the Soul
featuring Aloft Circus Arts

*"A magician discovers it takes more
than magic to awaken The Tree of Life"*

exclusively at

Wholelife
expo2013

Schaumburg Convention Center
1551 Thoreau Dr
Schaumburg, IL

June 1 8PM

Advanced Tickets: \$39, Children under 12 \$19
(or free with Whole Life Expo weekend admission)
Order online at CirqueSephira.com

www.wholelifeexpo.com

WELCOME

Hi everyone! For many of us the name Whole Life Expo takes us back to the very emergence of the holistic era. Back in the 80s and 90s the expos crossed the country and served as the home base for the emerging world view that has swept the globe. A great many of the ideas, health practices, and lifestyles practiced in our daily life first appeared at the expos. Along the way we sometimes have forgotten what an amazing community we have built. At Whole Life Expo we will celebrate that wonderful vision that we started more than 30 years ago.

At the expo we have done more than bring some companies together. We have built an exhibit hall of themed villages of booths, with their own stages, colors and designs. We even have a dome for movement and yoga classes in the hall. We have the largest presentation schedule ever assembled, with more than 250 speaking slots filled with the very best presenters both in Chicagoland, and across the country. Highlighting the list, the author of the number one book in America, *Proof of Heaven*, Dr Eben Alexander. You can literally choose from 10 stages and rooms of presentations for all three days.

We wanted to create something better than expos of the past. On Saturday night we have developed a new level of holistic entertainment. Sephira will be the world's first Cirque of the Soul. Of course it will have world class performers, but it will focus on the themes of the true meaning of life and power. You can't miss it.

We intend to make this a magical weekend, and we invite you to join in. Tell your friends and lets make this a shining point of light for everyone's Whole Life.

-Steve



Steve Strickland	Producer
Megan Mitchell	Producer
Bob Gelman	Cirque Producer
Nikki Clifton	Sales
Mark Nakagawa	Sales
Linda Hunter	Customer Support
Tazdeen Rasheed	Yoga Dome
Steve Allen	Public Relations
Dawna Shuman	Program

Special thanks to Peggy Malecki, Shawna Spiegel, Catherine Tillery, Ken Johnson, Marcella Goodman, Rowan Gabrielle, and most importantly, SeiMei our Shih Tzu.

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VOLUNTEER AT THE EXPO

Whole Life Expo is a big undertaking that involves thousands of hours of planning and execution. We have a pretty good team to make the event happen, but we need support from the community as well. We rely on volunteers in a variety of areas to make the event happen.

In exchange for a 4-hour shift we offer a free weekend pass to the expo. You get to see the event from both sides of the production and we better insure that the whole weekend runs perfectly. We have specific areas of focus for your shift:

Exhibitor Check-in

Event Registration

Ticket Sales

Meeting Room Monitor

AV and Sound helper

Door Guard

Cirque Usher

If you would like to help in one of these areas, give Linda a call at **541-241-9153** (ext 1) and let us know your availability. We have slots available from 9AM-1PM on Saturday and Sunday, 12:30 PM- 4:30 PM on Friday thru Sunday, and 3:30-7:30 on Saturday and Sunday.



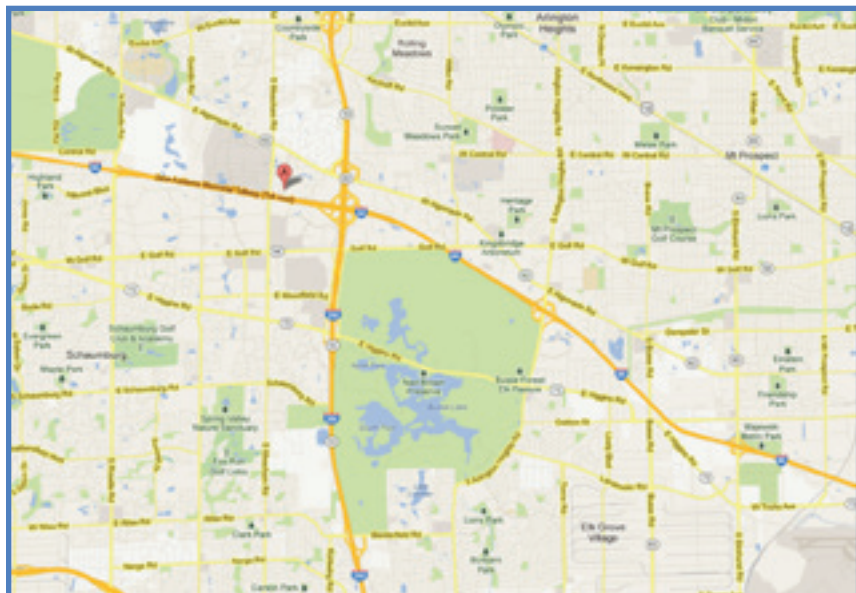
Yoga dome presenter, Ajanta

GETTING HERE

Schaumburg Convention Center

1551 Thoreau Dr • Schaumburg IL 60173

Facility Website: www.schaumburgconventioncenter.com



From the Northwest: (Janesville, Wisconsin, northernwest suburbs) East on Interstate 90, exit Route 53 North. Take Algonquin Road exit. Turn right at Algonquin Road head west. Turn left at Meacham Road, 2 blocks to Thoreau Dr., then left. Turn right into hotel and convention center complex.

From the East and Ohare: (Chicago, highway 55, south suburbs) West on Interstate 90, exit Route 53 North. Take Algonquin Road exit. Turn right at Algonquin Road head west. Turn left at Meacham Road, 2 blocks to Thoreau Dr., then left. Turn right into hotel and convention center complex.

From Midway Airport: (west suburbs, highway 88) Take 290 West, it merges with 53 north. Take Algonquin Road exit. Turn right at Algonquin Road head west. Turn left at Meacham Road, 2 blocks to Thoreau Dr., then left. Turn right into hotel and convention center complex.

From Milwaukee, (Evanston, Skokie, and the norther suburbs) South on I-294. Exit west onto Interstate 90, exit Route 53 North. Take Algonquin Road exit. Turn right at Algonquin Road head west. Turn left at Meacham Road, 2 blocks to Thoreau Dr., then left. Turn right into hotel and convention center complex.

Thoreau Dr., then left. Turn right into hotel and convention center complex.

Free Parking throughout the convention center parking lot.

What's Challenging Your Life?

Nine out of ten people have unwanted spirit attachments and *all of us* have unresolved karma from past lives undermining our emotional or physical health and well-being. We clear these things remotely, worldwide!

Visit Booth 535 Hear our talk: Secrets of Unwanted Spirits; 3 P.M. Sat. in Room 7

Remote Spirit Release Includes:

- We intuitively scan your self, home, pets, or loved ones (discounts for couples, families).
- We remove unwanted spirit pests and negative energies, psychic attacks, curses, hexes, etc.
- We do karmic past life repair.
- We bring angelic Soul Retrieval and healing.

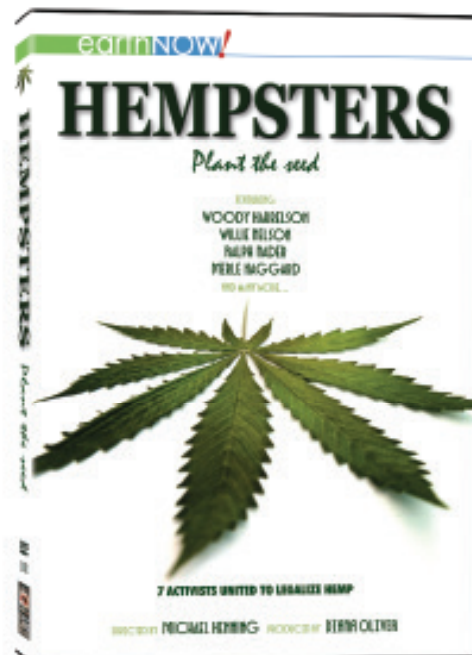


Soul Whisperers™
www.TeamArchangel.com

Booth 535
Karl Mollison
847-577-3750

karlmollison@yahoo.com

MOVIE SCREENING WITH MICHAEL HENNING



Free Screening with Expo Admission

**FRIDAY EVENING 7PM
CONNECTIONS ROOM**

WholeLife

EXPO TICKETS

May 31- JUNE 2

Standard Tickets

We know the value of your free time, so we have created a variety of ways to participate in the expo that will recognize those time limits yet maximize your budget. You may buy your ticket and simply pickup at the Will Call window at the expo or print at home. We offer discounts for early purchases of premium ticket packages.

So come online today at wholelifeexpo.com and pick out your perfect ticket package.

DAILY TICKETS \$20

3 DAY TICKETS \$50 includes all three days, free lectures, **Cirque Ticket**

CIRQUE TICKETS \$39 Attend the Saturday night spectacular cirque performance "Sephira: Magical Tree of Life" (does not require expo hall entry) or buy an advance weekend expo hall pass for just \$50 and have the cirque ticket included.

KEYNOTE TICKETS \$49 ADVANCE, \$55 AT DOOR Whole Life has three different keynote presentations - Eben Alexander, neurosurgeon and author of NYTimes #1 Best Seller *Proof of Heaven*, Gary Zukav author of the classic *The Seat of the Soul*, and Hay House #1 Best Seller Colette Baron-Reid.

WORKSHOP TICKETS Ranging from \$25-\$35 for 15 in-depth presentations by our special guest speakers. Workshop tickets also require an expo admission ticket.

Premium Ticket Packages

Diamond \$450 Advance Only

Enjoy access to every workshop, keynote and entertainment session including the Cirque with preferred seating throughout. Between sessions chill out in a lounge exclusively for Diamond pass holders. Save more than \$350!

- 3-Day Expo Admission
- Cirque Ticket
- 13 Keynote or Workshop Tickets
- Reserved seating in Keynotes and Cirque
- Monday full-day Gail Thackery Intensive

Save more than \$350!

EMERALD \$140 in Advance, \$150 at the Door

When you want to enjoy a keynote presentation as well as workshops choose an Emerald Ticket.

- 3-Day Expo Admission
- Cirque Ticket
- 3 Keynote or Workshop Tickets

Save more than \$100

SAPPHIRE \$250 Advance, \$295 at the Door

If you plan on attending a number of workshops and intensives this ticket will save you a ton.

- 3-Day Expo Admission
- Cirque Ticket
- 7 Keynote or Workshop Tickets
- Reserved seating in Keynotes and Cirque

Save more than \$145

RUBY \$99 in Advance, \$110 at the Door

If you want to save on a couple of workshops and enjoy the whole weekend, a Ruby Ticket fits the bill.

- 3-Day Expo Admission
- Cirque Ticket
- 2 Keynote or Workshop Tickets

Save more than \$75



FRIDAY MAY 31 ★ AT A GLANCE

	UTOPIA A	UTOPIA B	CONNECTION	CENTER STAGE	HEALTHY LIVING	COMMUNITY	KNOWLEDGE	YOGA DOME	MUSIC STAGE
2 PM				Darren Weissman 4Steps for Discovering Your Gifts			Connie Johnson Relationships and Soul Ages		
3 PM			Renee Barasch Digestion and Nutrition	Ramila Khatu Health in Your Hands	Shimen Aberhoff Aura Imaging	Eco Fashion Makeover see page 20	Stevie Aubrey History, Hauntings and Mediumship	Amber Cook Moksha Yoga Demo andClass	Nicholas Barron Music Performance
4 PM		Workshop \$35 Pamela Latour The Power to Change Reality	Issues in Natural Health Panel moderated by: Dr Tepitsky DDS with: Cathie Dunal MD Leslie Smith MD Hatice Yavuz	Mee Tracy McCormick Autoimmune Cooking	M Patterson & A Blackshaw Ayurvedic Living		Amazing Leonard Predictions for 2013 and Beyond		
5 PM	Asha Deliverance Build a Resonant Future			Karen Paolino-Correia Ask Your Angels	Stephanie Massengale Vibrational Foods	Eco Fashion Makeover see page 20	Ann Tyson Spiritual Grounding	Tom Quinn Yoga View Class	Victoria Fuller Spirited Music Performance
6 PM		Workshop \$35 Dena Mendes Thy Food be thy Medicine	Gail Thackray Spiritual Journeys	Kitty Lao TBA	Vladimer Gordon Healthy Living		Omar You! Amazing Human		
7 PM	Ayman Sawaf Sacred Commerce		Hempsters Movie Showing with Michael Henning	Maggie Wilkins Find Your Flow	Cindy Spencer Psychometry, Working with vibration	Eco Fashion Makeover see page 20	Frank Bozak Music to Awaken Past Lives	Kate Wester Shake Your Soul	Josh Staar Music Performance
8 PM		Vincent Genna God, It's Not Working			Amy Wilinski Heart of Shamanism	Dr Leslie Smith Integrating East & West Medicine	Darragh Hodges Visionary Art Wisdom		

SATURDAY JUNE 1 ★ AT A GLANCE



UTOPIA A	UTOPIA B	CONNECTION	CENTER STAGE	HEALTHY LIVING	COMMUNITIES	KNOWLEDGE	YOGA & MOVEMENT	MUSIC CENTRAL
10 AM	Workshop \$35 Mee Tracy McCormick Auto-immune Cooking see page 16	Barry Helm Channeled Healing Meditation	Dr Maurice Werness Longevity Factors	Dr Josh Younce Healthy Living, Take Control	Dr Jaena Stanley-Gonzaga Raw and Real	Diane Warren Tarot and You	Biana Mavasheva Kai Chi Do	Steely James Solo Acoustic Performance
11 AM	Kelly Sullivan Walden Debunk Dream Myths	Age Nation Panel moderated by: G. Cappinelli with Pamela Holzman Mark Rosenbloom Judy Kaplan Sedena Cappinelli David Houle see page 22	Emanuel Kuntzelman Heal the karmic Field	Sharane Baff Clear Your Home	Thomas Orjala The Urania Book	Deborah Pratt Shift: Enter the 5th Dimension		
Noon	Keynote \$49 Gary Zukav Authentic Power see page 11	Workshop \$35 Karen Paolino-Carreia Meet Your Guardian Angels see page 15	John Murphy Zentpreneur	Mark Bornstein Miracle Foods	Eco Fashion Makeover see page 20	Cinnamon Mancini Demo of Spirit	Shea Vaughn Sheanetics Class	Cindy & Michael fess Find Your Angels Performance
1 PM		Debra Poneman The Only Secret to Master True Success	Gail Thackray How to Talk to Your Pets	Sue Simon 30 Ways to Poison Yourself before Breakfast	Rodrigo Duque Sacred Places, Planetary shift	Diana Kushenbach Mediumship		Jena Allin Disarm Emotional Triggers
2 PM	Pamela Holzman Attitude of	Fitness Panel moderated by: Shea Vaughn with Jasmine Jafferall Kerry Kane Nicki Anderson Kendra Peterson see page 23	Bill Sheppard Prevent and Reverse Aging	Jan Litza Change Your Medicine Cabinet	Tony D'Angelo Shifting Energies	Debbie Smith Charting Your Life	Nate Guadagni Brain Wave Vibration	Greta Blackburn Yoga for Cwives Intro class and music
3 PM	Dr Mark Rosenbloom Is 60 the new 30?	Workshop \$35 John Newton Experience the Miracle of Ancientral Clearing see page 16	Dr Barbara Royal The Royal Treatment	Mini Kaur Hindu Deity Symbolism	Eco Fashion Makeover see page 20	Karl Mollison Soul Whispers Share Secrets	Joe Yonick & Kat Acro Yoga Intro	Eben Alexander Proof of Heaven Keynote \$49
4 PM	Keynote \$49 Colette Baron-Reid Messages from Spirit see page 10	Workshop \$35 Sean David Morton Night of the Jaguar see page 17	Alfred Hanser Health in the Wire-less Age	Roger Ringo The Human Aura	Donald Kiobassa Discover Your Dragon	Leslie Fonteyne Blow the Lid off Abundance		Christine Pateros Conscious Dying
5 PM		Dick Wagner Not Only Women Bleed	Dr Michael Cotton Higer Brain Living	Peter Goodgold Crystal Alkaline Water	Eco Fashion Makeover see page 20	Barbara Evans Empower Your Life	Karyn Gartner 5 Rhythms	
6 PM	Workshop \$35 Kelly Sullivan Walden Awaken to Your Dream Life see page 12	Workshop \$35 Maggie Wilkins Find Your Flow see page 17	Temba Spirit Transformative Hip Hop	Adam Graham ABCs of Raw Food Diet	Claire Campini New Acropolis	Paulette Salo How to Talk with Your Angels		
7 PM		Lisa Faremouth Weber Smart Strong & Spiritual	Sudhir Shah Ayurvedic Skin Care	Judy Lekic Healing Within		Master Shaman PalChi Shamanic Healing	Ajanta Bollygroove Class	Dave Sills Music Performance
8 PM		Dr Elisabeth & Freddy Zental Tantra Nova	Christina Northam Fragrance Health Concerns	Phillip Wilson Far-Infrared Saunas		Andrea Lopez Ancestral Healing Prayers		
9 PM	World Premiere 8 PM	Sephira In the Cirque Hall	Free with \$39 Weekend Ticket	Chris Alexandria Askfrimations				

After Cirque, Global Dance Party Club Divine
in the Cirque Hall \$10 Advance, \$15 at Door

SUNDAY JUNE 2 ★ AT A GLANCE

	UTOPIA A	UTOPIA B	CONNECTION	CENTER STAGE	HEALTHY LIVING	COMMUNI-TIES	KNOWLEDGE	YOGA & MOVEMENT	MUSIC CENTRAL
11 AM	David Bobrowich Reiki and Orgone Energy	Workshop \$35 <i>Vincent Genna</i> Stop Stopping Yourself (see page 18)	Dr Bernice Tepitsky Holistic Dentistry Get the Lead Out	Lenore Weiss Beyond Building Green	Dena Mendes Healthy Living Cooking Demo	Colin Stanton Door to Door Organics	Daved Beck Whisper of Love	Amy Treciokas Yoga Class for all	
Noon	Keynote Workshop \$35 <i>Dannion Brinkley</i> Mastering Life see page 13	Workshop \$35 <i>Susan Wisheheart</i> Soul Guided Journeys see page 18	TBA tba	Karyn Calabrese The Joy of Natural Food	Kiera Laike Prepare for Higher Consciousness	Eco Fashion Makeover see page 20	Debbie Byrk-serva Dream Travel, Your Doorway		Stephanie Rogers Musical Performance
1 PM			G & S Cappinelli It's Never Too Late	Jennie Landsfield Access Consciousness	Rhonda & Scott Ford Medicine Cabinet Makeover	Sylvia Barrios The Awakening of Humanity	Steve Rosley Healing with Crystals, Stones & Skulls	Laurina Carroll Transcendental Meditation Class	
2 PM	Dr Paul Ling Tai Anti-Aging Secrets			Sherry LaMarche Stress Away	Jaculin Dorman Keeping Your Light On	Robert Nakada Change Your Life, Change the World	Cindy & Michael Fess Find your Angels		Temple Schultz Musical Performance
3 PM	David Houle Entering the Shift Age	Workshop \$35 <i>Shea Vaughn</i> Sheanetics (see page 19)	Ehryck Gilmore Getting Unstuck	Mark Anthony Lord 7 Steps to Life of Joy	Patrick Galligan Wonders of Pranic Healing	Jocelyn Whipple & Jill Heller Fashion Makeover	Leila Marsha Peterson Overcome Fear of Happiness	Pam Udel & Lauri Stern 2Hot Yoga class	
4 PM	Workshop \$35 <i>Gail Thackray</i> Your Spiritual Journey (see page 14)		William Farber Energy Wave Alignment	Linda Rosenthal The 7 Chakra Sisters	Shawn Ichou Essential Oils	Peter Goodgold Alkalinity & Spirituality	Linda Drake Discover Your Life Purpose		Tommi Zender Solo Acoustic Performance
5 PM		Workshop \$35 <i>John Murphy</i> Beyond Doubt Intensive (see page 19)		Hatice Yavuz The Power of Raw	Joanne Lysiak Create the Life You Desire	Eco Fashion Makeover see page 20	Evan Frost Psychic Protection	Dave Lakein Movement Meditation	
6 PM			Holding Space Movie Showing with David Houle	Closing Ceremony					

A First Ever
Whole Life Expo
Presentation

Join the author of

PROOF OF HEAVEN

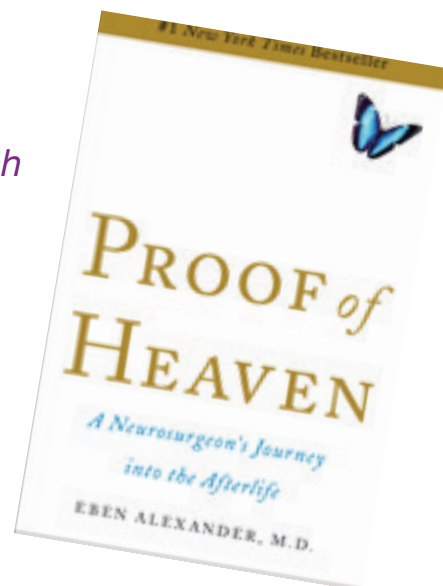


Dr Eben Alexander

Whole Life has always brought the most outstanding speakers in the world to our expos, but this **exclusive Chicago appearance** by the number-one selling *New York Times* author may come as our crowning achievement. His book and afterlife experience have literally rewritten the argument about what comes after we die.

Dr. Eben Alexander has been an academic neurosurgeon for the last 25 years. Over his academic career he authored or co-authored over 150 chapters and papers in peer reviewed journals. He thought he had a very good idea of how the brain generates consciousness, mind and spirit.

"A story - a true story - can heal as much as medicine can."



A NEUROSURGEON'S JOURNEY INTO THE AFTERLIFE

SATURDAY 2 PM - CIRQUE HALL

In the predawn hours of November 10, 2008, Alexander went into a coma caused by a rare and mysterious bacterial meningitis-encephalitis of unknown cause. He spent a week on a ventilator, his prospects for survival diminishing rapidly. On the seventh day, to the surprise of everyone, he started to awaken. Memories of his life had been completely deleted inside of coma, yet he awoke with memories of a fantastic odyssey deep into another realm – more real than this earthly one! His son advised him to write down everything he could remember about his journey, before he read anything about near-death experiences, physics or cosmology. Six weeks later, he completed his initial recording of his remarkable journey, totaling over 20,000 words in length. His experience clearly revealed that we are conscious in spite of our brain – that, in fact, consciousness is at the root of all existence.

Alexander's story will have a major effect on how we view spirituality, soul, and the non-material realm. In analyzing his experience, including the scientific possibilities and grand implications, he envisions a more complete reconciliation of modern science and spirituality as a natural product.

Tickets \$49 (or Included with Diamond, Sapphire, Emerald, and Ruby Tickets)

Limited seating
Tickets available online at wholelifeExpo.com

Keynote Presenter

COLETTE BARON-REID

Hay House Best Seller



Colette Baron-Reid, an internationally renowned intuitive counselor, educator and #1 best selling author helps others recognize and connect with their own intuition, potential and purpose. A powerful motivational speaker, charismatic broadcast personality, and acclaimed performer, storyteller and recording artist, Colette engages and empowers her clients to live a life that is 'awake and authentic' and to create a reality that is prosperous, deliberate and meaningful.

Through a 23-year practice, built strictly by word of mouth, Colette has advised over 35,000 individual clients in 29 countries. For three years Colette toured as the opening speaker with Hay House speaking to audiences in US, Canada and Europe. She has provided her insight and compassionate delivery as an intuitive counselor and life strategist in front of over 150,000 people.

MESSAGES FROM SPIRIT ACCESS THE POWER OF THE QUANTUM FIELD SATURDAY 4 PM- UTOPIA A

In this lively, interactive workshop internationally respected intuitive Colette Baron-Reid will demonstrate by doing readings on random select audience members how we can tap into the vast sea of shared consciousness to connect to one another, access information beyond the time/space continuum about our fate and destiny, and even make contact to our deceased loved ones, pets and guides from other dimensions! Through readings and powerful interactive exercises Colette Baron-Reid will present to you the ultimate truth that "we are more than we know."

Colette Baron-Reid is a respected divination expert, and #1 bestselling author of numerous books and products translated into 25 languages including 4 best selling oracle systems. Colette is passionate about showing people how they can tune in and tap into the vast quantum Field of Greater Consciousness so they can know their fate and shape their Destiny.

She is a popular guest on TV and radio – has appeared on *Dr. Phil*, *The Doctors*, *Dr. Mehmet Oz*, and *Lisa Oz on Oprah and Friends*,

Her latest book released in January 2013 is the highly anticipated *Weight Loss For People Who Feel Too Much*®



Tickets \$49 (or Included with Diamond, Sapphire, Emerald, and Ruby Tickets)

Tickets available online at wholelifeExpo.com



WholelifeExpo.com

Your Time for Change Whole Life Expo

Keynote Presenter

GARY ZUKAV

See Your True Nature

When you read the pages of a great many holistic books, you can't help but notice the influence that Gary Zukav has had on the collective mind of the holistic movement. His books and classes have literally helped define the entire holistic phenomena.

Through the years he has carried out the consistent message that any action taken from a position of fear or hate moves you away from the wonderful multi-dimensional being you know at your deepest level.

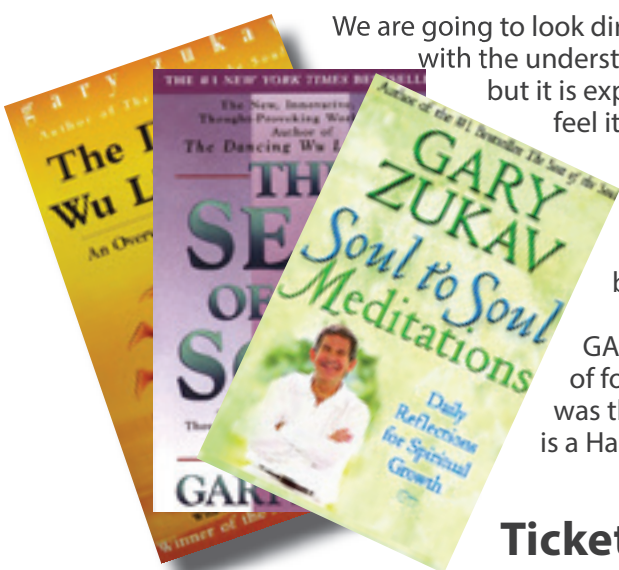
He holds a special place in the hearts of the Whole Life Expo team and we feel great joy that he has agreed to take part in our re-imagining of Whole Life.

SPECIAL NOTE: Also see page 21 where we discuss the Monday "after Expo" class Gary and Linda will offer where participants may move even deeper into their relationships and their authentic power.



AUTHENTIC POWER

SATURDAY NOON- UTOPIA A



We are going to look directly at creating authentic power, at aligning your personality with your soul with the understanding that your soul is personal to you. It is an impersonal energy dynamic, but it is experientially meaningful. It's real, it's there, and if you don't believe it, you can feel it. You feel it every time you feel nauseated with fear in the pit of your stomach, or pain in your chest because your heart is closed and you don't care, or a headache in your temples because there is a part of you that wants to explode into a grander awareness and you don't want to. Join us for this inspiring talk that will teach you to create authentic power and move beyond these limited places.

GARY ZUKAV is a winner of the American Book Award for Science and author of four consecutive New York Times best sellers including *The Seat of the Soul*. He was the most frequent guest on *The Oprah Winfrey Show* when it aired on ABC. He is a Harvard graduate, ex-Green Beret, and co-founder of the Soul Institute.

Tickets \$49

(or Included with Diamond, Sapphire, Emerald, and Ruby Tickets)

Tickets available online at wholelifeExpo.com

1st Chicago
Appearance

Keynote Presenter

KELLY SULLIVAN WALDEN



The Power of Dreams

Kelly Sullivan Walden is a best-selling author, certified clinical hypnotherapist, inspirational speaker, and founder of Dream-Life Coach Training. Kelly hosts a weekly web-radio show, The D-Spot, and has appeared on over 1,000 media outlets. She is featured regularly as a Dream Expert on Fox news and recently wowed the audience on the Ricki Lake Show when she and Ms. Lake discussed dreams between the sheets. Kelly's unique dream wisdom can be read in such publications as *Woman's World*, *Cosmopolitan*, *Seventeen*, and the *LA Times*. She authored seven books including the #1 Amazon.com bestselling dream interpretation book, *I Had The Strangest Dream*, as well as *It's All In Your Dreams*, *Dreaming Heaven*, and *Dream Oracle Cards*.

Kelly began her dream research at the age of five! Growing up, Kelly and her younger sister shared a room...and shared dreams. Most mornings, the girls would wake up excited to discuss their dreams and compare notes about what they thought their nighttime adventures might have meant.

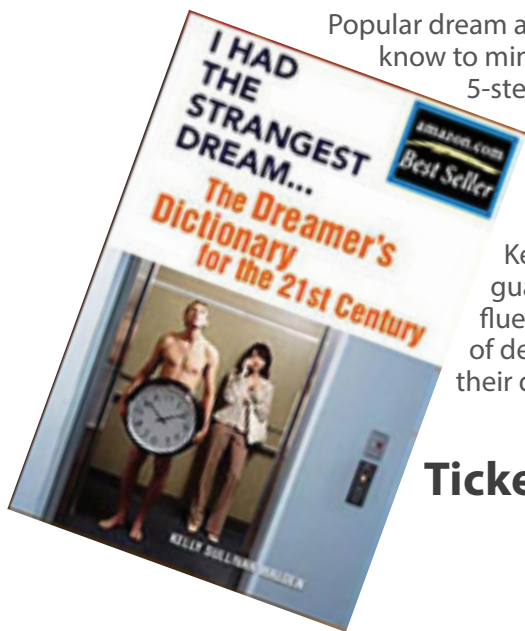
AWAKEN TO YOUR DREAMS

SATURDAY 6PM- UTOPIA A (FAB AND FEATURED)

Popular dream analyst Kelly Sullivan Walden reveals the Dream Code—everything you need to know to mine the gold from your nighttime dreams. Kelly pulls back the covers on her secret 5-step process to support you to enhance dream recall, deepen dream fluency, and awaken to a more powerful and enlightened version of yourself: 1. D for Declaration 2. R for Remembrance 3. E for Embodiment 4. A for Activation 5. M for Mastermind.

Kelly is passionate about the magical realm of dreams. She is a lover of life and languages and considers dreams to be the most important language in which to be fluent. Kelly teaches dream work and Dream-Life Coach Training with a unique weave of depth, playfulness, humor, and spirituality to catalyze people to awaken to the life of their dreams.

Tickets \$35 (or Included with Diamond, Sapphire, Emerald, and Ruby Tickets)



Tickets available online at wholelifeExpo.com



WholelifeExpo.com

Your Time for Change Whole Life Expo

Perennial Expo
Favorite

Keynote Presenter

DANNION BRINKLEY

A Voice of Compassion

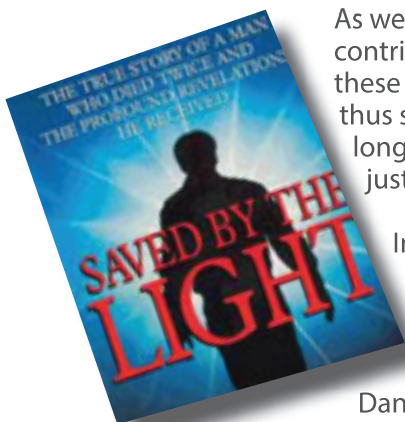
Dannion Brinkley is an internationally renowned author and speaker in the field of spirituality, self-development, and Complimentary and Alternative Medicine. He's the author of 3 international best selling books, *Saved by the Light*, *At Peace in the Light*, and *Secrets of the Light*. He has appeared on hundreds of television and radio shows and in 1994 his New York Times bestseller, *Saved by the Light* (VHS), was the highest rated made-for-television movie of all time (by the Fox Network).

Dannion's deep understanding of and compassion for those who are suffering is anchored in his own personal experiences of enduring unimaginable pain and multiple near-death experiences.



MASTERING LIFE IN THIS TIME OF SHIFT AND MIRACLES

SUNDAY NOON- UTOPIA A (FAB AND FEATURED)



As we enter this new universal cycle of shift and change, it will prove important for each of us to contribute to this movement by empowering ourselves to become co-creators here on earth. In these amazing times, we can contribute to the evolutionary expansion of peace and understanding, thus supporting an awakening that will change the course of humanity. We have entered the time long heralded by ancient prophets as the end times. But that which ends, we now discover, seems just a world motivated by greed, fueled with intolerance, and driven in chaos.

In this workshop Dannion Brinkley will present amazing insights into what the next three years will reveal. Never before has humanity played such a critical and necessary role in helping to shift and elevate mass consciousness. Together, we share co-responsibility for birthing the Golden Age of Peace as our planet simultaneously ascends into a higher dimension.

Dannion Brinkley, author of the international bestseller *Saved by the Light*, has gained love and respect worldwide for his inspirational lectures on life, death, and beyond. His amazing story and insights have earned him international acclaim.

Tickets \$35 (or Included with Diamond, Sapphire, Emerald, and Ruby Tickets)

Tickets available online at wholelifeExpo.com

Keynote Presenter

GAIL THACKRAY

John of God Protege

We met Gail several years ago when she had not built quite the following she enjoys today. Her crystal clear message and gifts make such an impression that we knew she would someday become a household name. Now we know that so many others could see this as well.

Gail Thackray, a psychic medium and healer, teaches natural healing through Reiki and energy alignment. Gail works with the spiritual realm to release ailments and negative issues in the energetic body by connecting people to Source. Through her exploration of alternative modalities, Gail has aligned with powerful spirits who work through her. People report spontaneous healings just by attending one of Gail's healing meditation events. Based in Los Angeles, Gail hosts *Gail Thackray's Spiritual Journeys*, a documentary series where she travels the world seeking out great healers, and places of spiritual and supernatural significance.



SPIRITUAL JOURNEYS WHERE WILL YOUR SOUL TAKE YOU?

SUNDAY 4 PM- EUPHORIA ROOM

Medium Gail Thackray shares her experiences in Brazil with the healer John of God. Gail, an exceptional psychic will give readings and healings to audience volunteers. Through her powerful group meditation people report spontaneous healings and life changing experiences. Gail connects you directly to the spirits she works with to allow you to channel and heal as well.

"The most spiritually moving event I have seen in years." - *Inside Look Magazine*

Gail Thackray acts as an exceptional medium with a tremendous connection to spirit. At Gail's healing demonstrations in NY, LA, and London people have reported cures of cancer, blood diseases, and receiving unexpected money! The author of *Gail Thackray's Spiritual Journeys: Visiting John of God* and *30 Days to Prosperity: a Workbook to Manifest Abundance*, she also stars in the new movie *John of God, Just A Man*. Come see why many report spontaneous healings and a powerful connection just from attending Gail's events.



Tickets \$35 (or Included with Diamond, Sapphire, Emerald, and Ruby Tickets)

Tickets available online at wholelifeExpo.com
and at the door



WholelifeExpo.com

Your Time for Change Whole Life Expo

WORKSHOP PRESENTERS

PAMELA LATOUR



THE POWER TO CHANGE REALITY

FRIDAY 4 PM- UTOPIA B (WORKSHOP CENTRAL)

When we connect to the power of nature, the power of the people in our life, with our own "I Am Presence", we can manifest anything that we choose. The more connected we grow, the more powerful we become. This workshop gives effective techniques for altering our thoughts and feelings to create luxury, laughter, and love. By exploring false beliefs about our nature and shifting from mind to heart, we can create our best life.

During the class we will learn the tell-tale signs that we have moved away from our inner knowing. Learn to look for the signs and discover that you have the power to move beyond the limitations that others (and even yourself) put before you.

Tickets \$35

(or Included with Diamond, Sapphire, Emerald, and Ruby Tickets)

DENA MENDES



THY FOOD BE THY MEDICINE

FRIDAY 6 PM- UTOPIA B (WORKSHOP CENTRAL)

In this workshop, Dr. Mendes shares that no one size fits all "diet" or protocol exists. Instead she shows the essential need to find foods that really work for your individual needs. This workshop starts with a self-awareness meditation that facilitates gaining a new sense of yourself. Your brilliant machine of a body has its own unique language. Learn to "heal thyself" by following your signs and symptoms like a health detective.

Join Dr. Mendes to learn what works to achieve your ideal weight, increase energy, get better sleep, gain a more vibrant mind and lower your risk of disease. Create your own unique optimal health plan today.



Tickets \$35

(or Included with Diamond, Sapphire, Emerald & Ruby Tickets)

KAREN PAOLINO-CORREIA



MEET YOUR GUARDIAN ANGELS

SATURDAY NOON- UTOPIA B (WORKSHOP CENTRAL)

Can you imagine the comfort of never feeling alone again? Everyone, including you, has at least two guardian angels watching over and guiding you at all times. Come to this workshop and meet and connect with your guardian angel. Experience a powerful meditation and learn how to communicate with your angels to receive messages of divine guidance to help you in every aspect of your life. Karen will also share messages of divine guidance to certain individuals, as guided.



Tickets \$35 (or Included with Diamond, Sapphire, Emerald & Ruby Tickets)

WORKSHOP PRESENTERS

MEE TRACY MCCORMICK



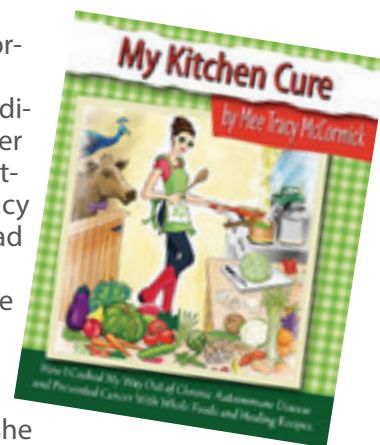
LEARN AUTO-IMMUNE COOKING

SATURDAY 10 AM- UTOPIA B (WORKSHOP CENTRAL)

Discover how you can move beyond debilitating chronic pain by addressing your diet in this fun and inspiring session. Hear the story of Mee Tracy McCormick and discover how you may apply the lessons she learned through her own life crisis.

Autoimmune Cooking Expert and author Mee Tracy McCormick first started living A REAL FOOD LIFE as a last resort. Hereditary Crohn's disease, an intestinal ulceration, and a diagnosis of cancer waiting to be confirmed had knocked her down. Medical tests, treatments and medicines that threatened to kill her before they cured her had backed Mee Tracy into a health crisis corner. When it seemed like she only had two options – a slow and painful death or a sudden and quick death – she decided to find a third option, and if one didn't exist, to create it.

Mee Tracy did find her third option...in her kitchen. She cooked her way out of her chronic autoimmune disease, she used whole foods to prevent the imminent cancer diagnosis, and in the process she created healing recipes that combine foods in a way that is more nutritious and delicious than she could have ever imagined before.



Tickets \$35

(or Included with Diamond, Sapphire, Emerald & Ruby Tickets)

JOHN NEWTON



THE MIRACLE OF ANCESTRAL CLEARING

SATURDAY 2 PM- UTOPIA B (WORKSHOP CENTRAL)

In his twenties, John Newton had an awakening that left him in a free-fall of consciousness. Soon after, he discovered he could enter this state of heightened awareness at will and for extended periods. In this state, John affects well-being by removing the negative content and burdens from our life and lineage. He also assists people in waking up to their true and eternal nature: Consciousness itself.

In the last 27 years, his thousands of clients include NIH board members, scientists, doctors, therapists, clergy, political figures, law enforcement, veterans, and a myriad of entertainment professionals.

In this workshop, John will work on individuals and the group, freeing us to experience all aspects of well-being.

Tickets \$35

(or Included with Diamond, Sapphire, Emerald & Ruby Tickets)



WholelifeExpo.com

Your Time for Change Whole Life Expo

WORKSHOP PRESENTERS

SEAN DAVID MORTON



2013-2025 AD: THE NIGHT OF THE JAGUAR SATURDAY 4 PM- UTOPIA B (WORKSHOP CENTRAL)

The 13-year cycle beginning in 2013 is called the year out of time and sets the tone for the coming massive social, political and economic changes just ahead. With seven major astrological transits of the great outer planets there will be comets, the likes of which mankind has never seen. New discoveries of Mayan stellae will bring the predictions of the Maya into harmony with those of the Great Pyramid of Giza. Let Dr. Sean-David Morton guide you through all that is to come, culminating with the return of Quetzalcoatl.

Called The Night of the Jaguar, it will be a disastrous the unprepared, but a time of fantastic and incredible changes for the ascending Children of The Light, warning us to be cunning, stealthy, and careful like the great cat from which it takes its name. If you have never been to a power point lecture by Sean David Morton, be prepared to be shocked, dazzled and amazed!



Tickets \$35

(or Included with Diamond, Sapphire, Emerald & Ruby Tickets)

MAGGIE WILKINS



FIND YOUR FLOW

SATURDAY 6 PM- UTOPIA B (WORKSHOP CENTRAL)

For the past 2 years Maggie has studied with the Karma Monk in Northern Thailand. During this workshop Maggie pools her western wisdom with the east to bring you understanding of the true meaning of Karma based on Buddha's teaching from the Pali language, the authentic language of Buddha. Maggie's practical principals, sense of humor, and great storytelling, will keep you smiling as you learn this ancient knowledge. You will also receive a book from the Karma Monk the first ever written in English from this revered temple Monk.

Maggie discovered her intuitive and visionary abilities at an early age, and has since studied with some of the world's greatest spiritual teachers. Drawing on the wisdom of Eckhart Tolle, Buddhism, Christianity, Judaism, Baha'i, and Advaita, Maggie developed her own unique Core Vibrational Energy technique. Using meditation and insightful questions, Maggie guides clients on a journey of conscious awakening that reveals the authentic essence of any issue.

Tickets \$35

(or Included with Diamond, Sapphire, Emerald & Ruby Tickets)

WORKSHOP PRESENTERS

VINCENT GENNA

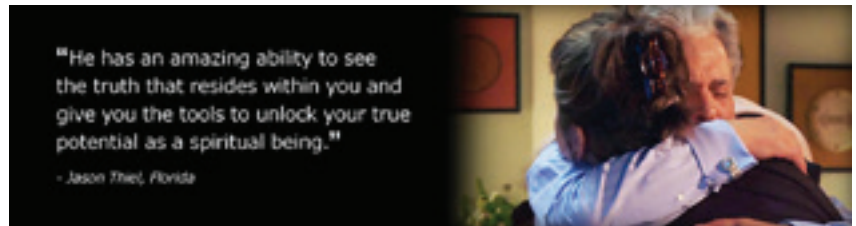


STOP STOPPING YOURSELF AND BECOME UNSTOPPABLE!

SUNDAY 11 AM- UTOPIA B (WORKSHOP CENTRAL)

If you have not fulfilled your dreams, you have stopped yourself intentionally or unintentionally! We create our lives consciously or subconsciously. Come discover how you are dishonest with yourself almost every day; the scar from the story of your youth needs to serve as a tattoo...purposely. Learn to connect all your dots, override all the crap, and stop stopping yourself. Only then will you become unstoppable! Master your life, change all you want, manifest complete abundance, and fulfill your dreams!

Vincent's 29 years of experiences as a performer, metaphysician, and psychotherapist, along with his intuitive abilities, the wisdom gained from near death, and his all-loving, compassionate approach make him a highly effective enlightened messenger, dynamic speaker, and an internationally beloved spiritual teacher.



Tickets \$35

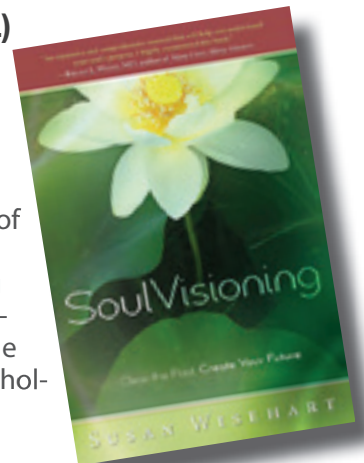
(or Included with Diamond, Sapphire, Emerald & Ruby Tickets)

SUSAN WISEHEART



SOUL GUIDED JOURNEYS: CLEAR THE PAST TO CREATE YOUR IDEAL FUTURE SUNDAY 1 PM- UTOPIA B (WORKSHOP CENTRAL)

Susan Wiseheart, international author of ***Soul Visioning™: Clear the Past, Create Your Future*** (endorsed by Brian Weiss, Sonia Choquette and Debbie Ford), will present a two hour workshop where you will experience two guided journeys. The first is a guided journey into your ideal future to envision a life of passion and purpose in the areas of work, career, relationships, finances, health, and spirituality. As a part of this Soul Visioning process you will also discover what is sabotaging you and holding you back. You will be introduced to methods for clearing the unconscious "trunk of junk" from the past, such as, energy psychology and past life regression.



The second guided journey is an introductory group-guided past life regression (you don't have to verbalize anything) where you will remember talents and gifts from a previous incarnation that are still influencing you. Past life journeys are powerful experiences which deepen the understanding of your life purpose, talents, repeated patterns, and Soul lessons carried over into this incarnation.

Tickets \$35

(or Included with Diamond, Sapphire, Emerald & Ruby Tickets)



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Your Time for Change Whole Life Expo

WORKSHOP PRESENTERS

SHEA VAUGHN



HEALTHY YOU • HEALTHY BUSINESS • HEALTHY LIFE SUNDAY 3 PM- INNOVATION

Who runs your life ... it is a dream or a nightmare? Many entrepreneurs find themselves going for the "quick-fix" where the focus is often on the quantity rather than the quality of the products or services they offer. They run at it so hard day after day that there seems to be little time for anything else and they lose all joy and passion. STOP - trying to do it all by yourself - Come and learn the keys to a healthy you, a healthy business and a healthy life.

Shea Vaughn, "America's Wellness Queen" & "Chicago's Favorite Mom", has served as a corporate trainer in health, wellness & fitness, an author, master instructor & trainer. She hosts SheaNetics® certifications, speaks internationally and frequently appears as a featured wellness & fitness expert in media and on TV programs including Ellen, The Marilyn Dennis Show, Windy City LIVE, FOX Chicago and The Best Ever You Network.



Tickets \$35

(or Included with Diamond, Sapphire, Emerald & Ruby Tickets)

JOHN MURPHY



ZENTREPRENEUR: PUT PRESENCE INTO PRACTICE SUNDAY 5 PM- INNOVATION (WORKSHOP CENTRAL)

Meet Zentrepreneur John Murphy, the mystic of management and the sensei of strategy. For over 30 years, John has started businesses, grown businesses, managed businesses, counseled businesses, coached executives, mentored managers, and trained thousands of leaders from over 50 countries. He has evolved from quarterbacking football at Notre Dame to quarterbacking business improvement worldwide. What makes John unique is his profound awareness of Spirit and his ability to light up a room with Presence. John, the author of 15 books, including the award-winning *Beyond Doubt: Four Steps to Inner Peace*, will teach us how to awaken our inner genius and capitalize on it.

In this very personal and interactive session, John will teach effective ways to overcome doubt and limiting beliefs, freeing us to unleash our untapped Spirit and inner Zentrepreneur. He will provide proven techniques to deal with job and life stress, difficult people, resistance and poor habits. Do not miss this chance of a lifetime with the yogi of business. Don't just make a living. Make a whole living!

Tickets \$35

(or Included with Diamond, Sapphire, Emerald & Ruby Tickets)



Ready to Re-Fashion your life??

Eco Fashion is the future, it is the fastest growing segment of the fashion industry, because of forward thinking pioneers like you who wear it with passion. It is the focus for many of today's coolest designers and is fuelled by innovation. Be inspired to build your very own sustainable wardrobe.

Join us daily at the Wholelife EcoFashion Pavilion for our LIVE Eco Fashion Makeovers and shop from over 20 of today's hottest Eco Brands with the help of 2 international stylists; Jocelyn Whipple, leading light of Livia Firth's Green Carpet Challenge, and Jill Heller, owner of New York's legendary Pure Thread.

Live Makeover Shows on the Community Stage:

Friday 31st of May at 3pm, 5pm, 7pm

Saturday 1st and Sunday 2nd of June at 12pm, 3pm, 5pm

Visit us at PURE THREAD booth 119 to claim your spot in one of our nine FREE Eco-Fashion Makeovers.



Brands Included

ORGANIC
LEATHER

PureThread

Sarafina

SYNERGY

Sell Ulpia

Amateur
Designs



Lara Miller

VOGUEVERT



H. FREDRISSON
Suzanne Rae

Visit us on:

OrganicLeather.com

| ThePureThread.com

Twitter: @OrganicLeather

| @ThePureThread



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Your Time for Change Whole Life Expo

AFTER EXPO INTENSIVES

The weekend may end, but the fun and learning continue with full day intensives on Monday June 3. Take a look at these special presentations to let you deepen the expo experience.

GARY ZUKAV AND LINDA FRANCIS



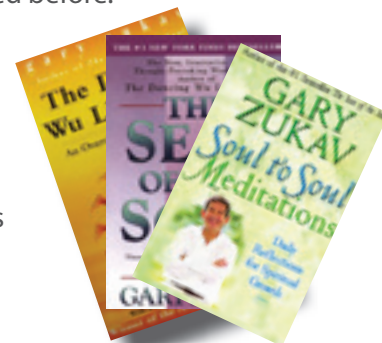
HOW TO CREATE AUTHENTIC POWER

MONDAY 10 AM (6 HOURS) - EPIPHANY ROOM

Everything you experience as a human being serves the health of your soul. You help your soul to evolve, and you do that with the choices that you make. There are certain things that are toxic for your soul. Brutality, anger, irrationality, lying, and abundances of physical and emotional pain are toxins for your soul. When you engage in these experiences, when you act on them, you feed your soul contaminants just as if you ate arsenic or hemlock every day you would contaminate your body. Join us for this transformational workshop and become aware of whether you create with fear or love, to consciously choose to create with love more so that you can turn your life into a magnificent expression of joy and love. Create relationships in ways that you have never experienced before.

GARY ZUKAV, the author of four consecutive New York Times best sellers, including *The Seat of the Soul* has appeared as the most frequent guest on The Oprah Winfrey Show. A Harvard graduate he served in the Green Beret.

LINDA FRANCIS co-authored with Gary, two New York Times best sellers. A nurse and chiropractor, she co-founded with Gary the Seat of the Soul Institute.



Tickets \$160

GAIL THACKRAY

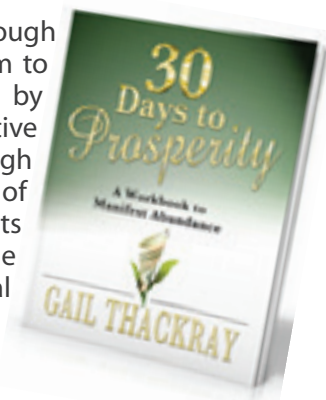


MANIFEST ABUNDANCE

MONDAY 10 AM (6 HOURS) - ROOM TBA

Join author of the acclaimed *30 Days To Prosperity: A Workbook to Manifest Abundance* and learn to create the life you want - abundant, joyful, and prosperous. Gail Thackray teaches you how to program your subconscious to manifest money and all else that you want. She will use her mediumship abilities to clear your energy enabling you to become a stronger channel to manifest what you desire.

Gail, a psychic medium and healer, teaches natural healing through Reiki and energy alignment. She works with the spiritual realm to release ailments and negative issues in the energetic body by connecting people to Source. Through her exploration of alternative modalities, Gail has aligned with powerful spirits who work through her. People report spontaneous healings just by attending one of Gail's healing meditation events. Based in Los Angeles, she hosts Gail Thackray's Spiritual Journeys a documentary series where she travels the world seeking out great healers, and places of spiritual and supernatural significance.



Tickets \$125

(or Included with Diamond Tickets)

NATURAL HEALTH A PRACTITIONER'S VIEW

FRIDAY 4 PM • CONNECTION



Dr. Bernice Teplitsky your moderator works as a Chicago-based general dentist who incorporates a holistic and integrative approach to treatment. In this session she has assembled a great collection of natural health practitioners who will provide their personal insights on the biggest issues facing those wanting optimal health and juggling the often contradictory stories, protocols and opinions of the myriad health claims out there.



Cathie Dunal, MD comes to us as a physician, Board-Certified in Preventive Medicine practices on Chicago's North Shore. Respected in her field of Family Practice and Integrative Medicine, she has received national recognition for her expertise in evaluating and treating thyroid problems.



Hatice Yavuz, Aligned Modern Health's raw food detox counselor and president of Ph for Balance, received a physical therapy degree in Izmir, Turkey. She practiced as a physical therapist at Balcova Thermal Treatment Center. Now a certified raw food chef and instructor by Raw Gourmet International she has taught classes in Chicago and Turkey.



Leslie Smith, MD trained as a physician at UI, Chicago, College of Medicine. After completing 4 years of training in General Surgery, she switched to Asian modalities and attended Yo San University to learn Chinese medicine: acupuncture, Chinese medical theory, and medicinal herbs. She further completed Harvard Medical School's Structural Acupuncture Course for physicians.

AGE NATION NAVIGATING YOUR NEW FUTURE

SATURDAY 11 AM • CONNECTION



George Cappinelli, Moderator, the well-known author leads the discussion on the challenges and opportunities facing people in the second half of life. He has developed an expertise on societal, organizational and individual change. He consultants to some of the leading organizations in the world and coaches thousands of individuals in the private sector. The co-founder of **Age Nation**, a digital media company and social enterprise that offers inspiration, information, engagement and solutions for people who weren't born yesterday, co-authored *Do Not Go Quietly, A Guide To Living Consciously and Aging Wisely For People Who Weren't Born Yesterday*.



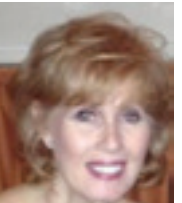
Patrica Holzman, R.N., LCSW, combines her medical background with a combination of cognitive therapy and integrative psychotherapy to facilitate wholeness and wellness, in her clients. She seeks to maximize the quality of a person's being and functioning, with regard for each individual's personal limits, history, and external constraints.



Sedena Cappinelli, an expert on wellness and self-empowerment, co-Founded Age Nation, providing solutions for GenXers, Boomer and Elders who want to better prepare for the future. Her Age of Empowerment, a 501C3 organization serves the needs of vulnerable elders. She co-authored *Do Not Go Quietly, A Guide To Living Consciously and Aging Wisely*.



Mark Rosenbloom, MD, founder of the Life-force Medical Institute in Chicago, specializes in strategies to maintain optimum health primarily in the second half of life. Trained at Northwestern University Medical School, he has practiced Preventative Age Management and emergency medicine for over 20 years.



Judy Kaplin has served as a psychotherapist and life coach for more than 15 years. She assists individuals in the second half of life lead healthier, more balanced and empowered lives. The president of Renaissance Communications, she publishes *NEXT Magazine*, a unique digital publication that inspires, informs and engages GenXers, Boomers and Elders.



David Houle a futurist, thinker and speaker spent more than 20 years in media and entertainment. He has worked at NBC, CBS and as part of the senior executive team that created and launched MTV, Nickelodeon, VH1 and CNN.

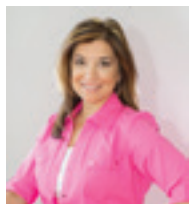
FITNESS FOCUS ACCELERATE, SUCCESS ZONE AHEAD

SATURDAY 2 PM • CONNECTION



Shea Vaughn, Moderator: Five top fitness experts from diverse areas of the business come together to share their challenges, tears and triumphs on the road to reaching their personal successes in an ever evolving industry. Learn how to turn the inevitable speed bumps you encounter along the way into opportunities and; leave inspired by insightful and moving stories that will help you chart a straighter path to your fitness goals.

Known as “America’s Wellness Queen” and “Chicago’s favorite mom”, Shea Vaughn has gained praise as a corporate trainer in health, wellness & fitness, and as an author, speaker, master instructor and trainer. She also created **SheaNetics®**, an unparalleled innovation in body resistance exercise and the ultimate guide to self-fulfillment.



Jasmine Jafferali works as a Lifestyle and Wellness Consultant, Creator of the Snack Smart Solutions App and named Babble’s Top 100 Food Mom Blogs in 2013. A true foodie, her efforts as a health, wellness and fitness expert shows that healthcare reform begins in the grocery cart.



Nicki Anderson, named as one of the 100 Most Influential Trainers of our time, owned Reality Fitness. She won the IDEA Personal Trainer of the Year award in 2008. Today, the successful author of *Single Step Weight Loss* contributes to national magazines including, *MSNBC.com*, *Prevention*, and *Women’s Health*.



Kerry Knee has revolutionized women’s fitness with a chain of exercise and entertainment studios called Flirty Girl Fitness™. Kerry has years of business experience with large and small start-ups. Flirty Girl Fitness was inspired while watching a sexy pole centered workout class on Oprah and discovering that it only existed in Los Angeles.



Kendra Peterson, a nutritionist and owner of Drizzle Kitchen, a gluten free private chef service, provides weekly meal service and private cooking lessons to clients ranging from professional athletes to busy families and celebrities. The Food and Nutrition Editor for the Chicago website Kicksprout.com, she sits on the board of the Chicago Food and Nutrition Network.

HIGHER BRAIN LIVING®

a new brain. a new beginning.

6 Reasons WHY YOU MUST ATTEND THIS EVENT!

- 1 Learn the most effective system for lasting transformation
- 2 Learn how to make a 6-figure income practice using the Higher Brain Living® System
- 3 Discover how you can effectively help your clients get rid of any limitation such as weight problems, addictions, depression, stress, fear, financial struggle, low self esteem and more...
- 4 Find out how you can incorporate the Higher Brain Living® technology into your current practice.
- 5 Learn how to create a lasting pathway from the primitive fear-based lower brain to a lifetime of Higher Brain happiness, purpose and growth.
- 6 See mind-blowing live demonstrations on real clients and the instant shift of energy from the lower brain to the higher brain

FREE PRESENTATION AND LIVE DEMONSTRATION!

Where: Whole Life Expo, Schaumburg Convention Center Center Stage, Room 1

When: Saturday, June 1st, 5:00PM - 6:00PM

For more info visit Booth #310 or: www.higherbrainliving.com

EXHIBITORS

4 All Humanity Online Only Private Online Label Women's Apparel	237	BioMet Plainfield, IL BioMet	450	Destiny Tarot Lake Bluff, IL Intuitive Guidance Through Tarot	635
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Bartlett Elmhurst St. Charles Sycamore, IL
Serving our Community Since 1997

OM Skin Rejuvenation 447
Apex, NC
100% Natural Holistic Skin Rejuvenation Products

OMAR's Touch Therapy 636
Madison, WI
Liberating Mind or Bodywork

Organic Leather, Taiana 115
Mill Valley, CA
www.organicleather.com

Our Heart Energy 629
Chicago, IL
Energy Worker, Theta Healer Nazar Pankiv

Pathways to Light 537
Chicago, IL
Akashic Records Readings, Consultations

Psychic Elements 441
Arlington Heights, IL
Constance Clearman

Pure Thread 116
New York City, NY
www.thepurethread.com

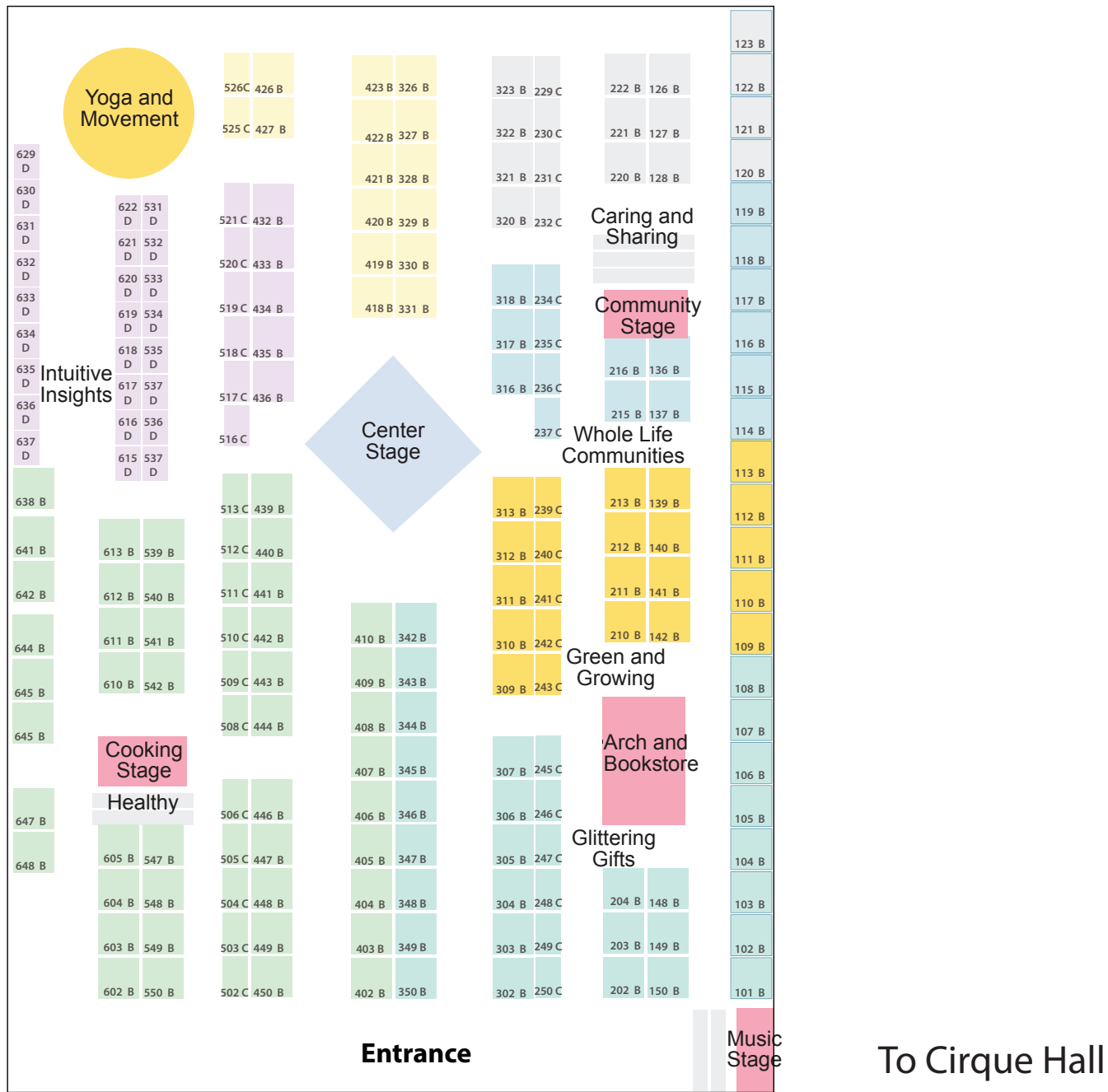
Quantum Tech USA 239
Yelm, WA
Performance & Energy Products

EXHIBITORS

Ra Moonhawk 203 <i>Aurora, IL</i> <i>Hand Crafted Healing Wands</i>	Spirit Rebuilder 520 <i>Chicago, IL</i> <i>Andrea Lopez</i>	Visionary Spirit Art 248 <i>North Carolina, GA</i> <i>Darragh Hodges</i>
Rainbow Dragon Dreamz 311 <i>Mayfield, KY</i> <i>Home to the Chimera Stone</i>	Spiritual Psychic Polly 616 <i>Weirton, WV</i> <i>Past, Present, & Future</i>	Vogue Vert 215 <i>Online Only</i> <i>Conscious Luxury</i>
Ravenscroft Essentials Oils 540 <i>Grants Pass, OR</i> <i>Organic Therapeutic Aromatherapy Oils</i>	Stella Grey 234 <i>Chicago, IL</i> <i>www.stellagreybags.com</i>	Waterworks4u.com 202 <i>Royal Palm Beach, FL</i> <i>Water Ionizers, Portable Water Ionizers</i>
Really Old Rocks 542 <i>Lander, WY</i> <i>Healing and Grounding Rocks</i>	Stephanie Massengale 631 <i>Chapel Hill, NC</i> <i>Intuitive-Empath</i>	Welltrients for Life Inc. 402 <i>Santa Clarita, CA</i> <i>Welltrients and Bioscan</i>
Reiki Orgone 350 <i>Encinitas, CA</i> <i>Positive Energy Sold Here</i>	Synergy Clothing 137 <i>Santa Cruz, CA</i> <i>Women's Organic Cotton Clothing</i>	Wheels of Light Pranic Healing 510 <i>North Riverside, IL</i> <i>Experience Pranic Healing</i>
Relax Saunas Momentum 98610 <i>Columbus, OH</i> <i>Relax Far-Infrared Professional Saunas</i>	The Blue Wonder 406 <i>Montclair, NJ</i> <i>Tesla Blue Activated Quartz Bottle</i>	Whispering Stones 113 <i>Oak Park, IL</i> <i>Art of Shamanic Healing</i>
Rena Borden 422 <i>Streamwood, IL</i> <i>Handwriting Analysis, Numerology, Tarot</i>	The Gathering Light 434 <i>Chicago, IL</i> <i>Helping You to Find Your Spirit</i>	Wolf Treasures Arch <i>St Louis, MO</i> <i>Complete Metaphysical Bookstore on Wheels</i>
Rosley's Rocks & Gems 302 <i>Chicago, IL</i> <i>Ancient Healing Stones, Crystals</i>	The Olde Spirit Shop 632 <i>Fayetteville, NC</i> <i>Classic Evidential Medium</i>	World Mate Inc. 405 <i>New York, NY</i> <i>Toyokatsu Habata</i>
Ruby Room 506 <i>Chicago, IL</i> <i>The Style of Wellness</i>	The Toe Lady 622 <i>Spokane, WA</i> <i>Insightful Intuitive Toe Readings</i>	WorldTrendz 307 <i>Strongsville, OH</i> <i>Ethnic Clothes and Gifts</i>
Sacred Designs by Spirit 503 <i>Shell Rock, IA</i> <i>Gemstones, Crystals, Beads, Herbs, Custom Jewelry, Aura Readings</i>	Touch of Light 633 <i>Huntley, IL</i> <i>Feel Refreshed and Renewed</i>	Young Living Essential Oils 439 <i>Highland Park, IL</i> <i>Therapeutic Grade Essential Oils</i>
Salon de Jyorei 242 <i>Pasadena, CA</i> <i>Shumei, Health, Happiness, Harmony</i>	Transcendent Nutrition 243 <i>Chicago, IL</i> <i>Bringing Health and Wellness to a Higher Paradigm</i>	Your Ayurveda Consultant 613 <i>Arlington Heights, IL</i> <i>A Natural Approach to Better Health</i>
Sarafina 235 <i>Washington, DC</i> <i>Eco Fashion Boutique</i>	Trinity School 611 <i>Warsaw, IN</i> <i>Natural Health Education</i>	Your Scent Essentials 245 <i>Fox River Grove, IL</i> <i>Natural Candles, Soaps, & Lotions</i>
Share International Midwest 322 <i>Chicago, IL</i> <i>Share International Midwest</i>	Unifinium Limited 550 <i>Madison, WI</i> <i>Supplements for Optimal Living</i>	
Silvergirl Enterprises, LLC 249 <i>Highland, IN</i> <i>Chakwear Hoodies, HopeStones, etc...</i>	Univera 240 <i>Chicago, IL</i> <i>Products for Vitality</i>	
Simple Balance Health Center 526 <i>Elgin, IL</i> <i>Chiropractic, Holistic and Alternative Health</i>	Urantia Book Fellowship 232 <i>Coeur d Alene, ID</i> <i>The Urantia Book Fellowship</i>	
Soul Whisperers 535 <i>Arlington Heights, IL</i> <i>Remote Spirit Releasement/Rescue</i>	Uriel Creations 210 <i>Fountain Hills, AZ</i> <i>Treasures from Spirit</i>	



EXHIBITORS



Registration

Upstairs to Utopia A, B, C, D,
and Euphoria Rooms

Past Ballroom
to Connection,
Knowledge and
Innovation Rooms

Music of Life Stage

Enjoy live music and music inspired presentations
and classes throughout the weekend

Nicholas Barron
Fri 3 PM



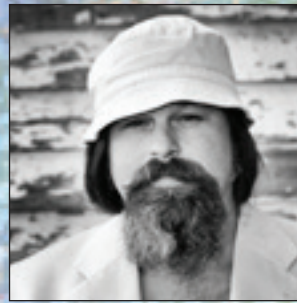
Victora Fuller
Fri 5 PM



Josh Staar
Fri 7PM



Steely James
Sat 10AM



Michael Fess
Sat Noon



Greta Blackburn
Sat 2PM



Dave Sills
Sat 7PM



Stephanie Rogers
Sunday Noon



Temple Schultz
Sun 2PM



Tommi Zender
Sun 4PM



Yoga & Movement in the Dome



Amber Cook
Moksha Yoga
Fri 3PM

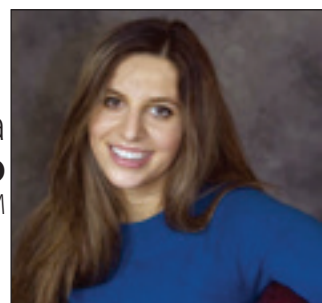


Tom Quinn
Yoga View
Fri 5PM



Kate Wester
Shake your **Soul**
Fri 7PM

Biana Mavasheva
Kai Chi Do
Sat 10AM



Shea Vaughn
Sheanetics
Sat Noon



Joe Yanek & Kat
AcroYoga
Sat 3PM



Karyn Gartner
5 Rhythms
Sat 5PM

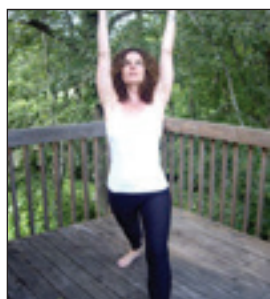
Ajanta
Bollywood Groove
Sat 7 PM



Amy Treciokas
yogaNow
Sun 11AM

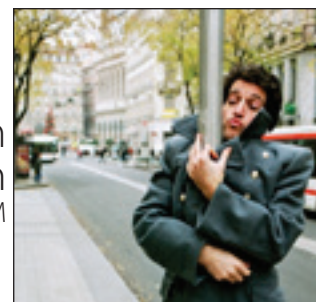


Laurina Carroll
Yoga for **Starts**
Sun 1PM



Pam Udell & Lauri Stern
2Hot Yoga
Sun 3PM

Dave Lackin
Movement Meditation
Sun 5 PM



FRIDAY PRESENTATIONS



Friday 2 PM Healthy Living Stage

Dr Darren Weissman

4 Easy Steps for Discovering Gifts

Learn the 4 steps to awakening your authentic nature to live in the moment, transforming subconscious emotional patterns that comprise the root of all symptoms, stress and disease. These "gifts in strange wrapping paper" create a starting point

for the See Feel Hear Challenge, a simple yet powerful technique that enables us to harness the power of emotions to create transformational change, liberating us to experience a whole new and conscious way of living.



Friday 2 PM Knowledge Room

Connie Johnson

Relationships and Soul Ages

Join Connie Johnson as she shares insights about who we invite into our lives and why, and explains that not everyone is healthy or mature enough to have a front row seat, and even those we love dearly may need to be loved from a greater distance.

Connie discusses how we reincarnate over and over, and with each incarnation add to our moral development. Just as our individual lives have ages and stages, so do our souls.



Friday 3 PM Connection Room

Renee Barasch

Real Nutrition Begins with Digestion

Proper nutrition plays a crucial role in maintaining a healthy body. Some assume correcting a disorder simply means matching the right nutritional supplement to the condition. These treatments offer only temporary relief & ignore the

underlying problem of faulty digestion that drives a variety of problems; from constipation or heartburn to Crohn's Disease or Fibromyalgia. Nutritional Health Solutions connects nutrition and digestion, removing toxins and maximizing absorption on a cellular level.



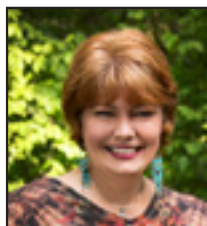
Friday 3 PM Center Stage

Ramilia Kahtau

Health in Your Hands

Discover the benefits of reflexology with Jay and Ramila Khatau, certified reflexologists. Discover how all your internal organs can be recharged with acupressure point therapy. No harsh medicines are needed to uplift your body and

mind...just holistic message therapy on your feet, hands or head will make you healthy and relaxed. Discover why we say "health is in your hands!"



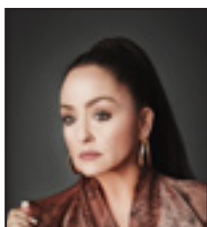
Friday 3 PM Healthy Living Stage

Shimen Averhoff

Aura Imaging Biofeedback

Biofeedback technology and Aura Imaging gives you the ability to understand the workings of your body, mind and spirit. Shimen, a certified crystal healer, aura interpreter, and Reiki Master, offers a wide range of knowledge in the healing field. She

will share her knowledge by connecting several modalities you can use to develop your own natural gifts of healing. Use crystals, essential oils, herbs, and healthy eating to achieve a healthier you. Learn to integrate these techniques and energies to achieve positive changes in your life.



Friday 3 PM Knowledge Room

Stevie Aubrey

History, Hauntings and Mediumship

Join Stevie for this tremendously fast-paced and humorous discussion about her experiences and interaction with Spirit. Learn of the spirits' attempts to get their real stories told through physical documentation and evidential

mediumship. A far cry from TV's commercialization of Ghost Hunting, discover the personal and often poignant stories brought forward through Stevie's mediumship. Stevie has been communicating with Spirit for her entire life, and will offer direct communication as part of today's presentation.

Friday 4 PM Center Stage



Mee Tracy McCormick

Auto-immune Cooking

Autoimmune Cooking Expert and Author Mee Tracy McCormick first started living A REAL FOOD LIFE as a last resort. Hereditary Crohn's disease, an intestinal ulceration, and a diagnosis of cancer waiting to be confirmed, and debilitating daily pain had knocked her down. Medical tests, treatments and medicines that threatened to kill her before they cured her had backed Mee

Tracy into a health crisis corner. When it seemed like she only had two options – a slow and painful death or a sudden and quick death – Mee Tracy looked at her husband and two small children and decided to find a third option, and if one didn't exist, to create it.

Mee Tracy did find her third option...in her kitchen. She cooked her way out of her chronic autoimmune disease, she used whole foods to prevent the imminent cancer diagnosis, and in the process she created healing recipes that combine foods in a way that is more nutritious and delicious than she could have ever imagined before.

In this intro session, Mee Tracy McCormick will give a sample of the topics discussed in her Saturday workshop.



Friday 4 PM Knowledge Room

The Amazing Leonard

Predictions for 2013

The Chicago psychic known as "The Amazing Leonard" has appeared as a clairvoyant psychic medium on television and radio programs throughout the Chicago area and the United States. In this ever popular presentation he will turn his insight to the economy and predictions

he has for our nation over the coming months.





Friday 4 PM Healthy Living Stage

Mary Patterson & Amber Blackshaw

A Better Life Through Ayurvedic Healing

Join Mary Patterson and Amber Blackshaw as they share how to harness the natural gifts that the universe offers us. In this enlightening session, Mary and Amber teach how making small changes in your life may lead to a happier, healthier body, mind and spirit. The lessons of Ayurvedic have matured over thousands of years. See how they fit easily into the modern life.



Friday 5 PM Utopia A Room

Asha Deliverance

Building a Resonant Future

This class will discuss the building of a Golden Age through resonant technology, architecture, music, and medicine. Asha Deliverance, an emissary of Nassim Haramein, correlates his physics with the ancient Vedic physics of Mayan, a master of time and space and author of the original Pranama Veda's of India written in 13,900 BC. Asha also founded and serves as the CEO of Pacific Domes and has studied with R. Buckminster Fuller.



Friday 5 PM Center Stage

Karen Paolino-Correio

Ask Your Angels, Expect Miracles

Come with an open mind and heart and learn how you can experience everyday miracles when you ask the angels for help. Gain the confidence you need to believe and know beyond any doubt that you have many angels, guides and loved ones in spirit, always with you, to guide you in every aspect of your life. Learn how to communicate and connect with them so you can receive divine guidance in your relationships, life purpose, prosperity, and healing. Leave with a feeling of peace and the knowing that you are never alone.



Friday 5 PM Healthy Living Stage

Stephanie Massengale

Vibrational Foods

Stephanie Massengale introduces the many ways to raise your personal rates of vibration and experience greater levels of intuition and deeper meditative states. With a focus on the body as a temple for your spirit, she teaches how the types of fuel and energy that you give to it are reflected in your life. Stephanie shares her weight loss success since her journey began in 1999 and answers questions from the audience regarding weight loss and eating organically.



Friday 5 PM Knowledge Room

Ann Tyson

Spiritual Grounding with Divine Light

Join Ann Tyson as she shares a simple technique for spiritual grounding, which assists in releasing stress and receiving messages from guidance. Ann sees herself as an ordinary person, walking her path within two worlds. She has been blessed with many wonderful gifts and discusses the purpose of this Spiritual journey here on earth. Topics include how our body heals, dealing with life lessons, and healing ourselves. Ann provides hands on energy work/reading and guidance.



Friday 6 PM Connection Room

Gail Thackray

Spiritual Journeys

Join author of the acclaimed *30 Days To Prosperity: A Workbook to Manifest Abundance* and learn to create the life you want - abundant, joyful, and prosperous. Gail Thackray teaches you how to program your subconscious to manifest money and all else that you want. She will use her mediumship abilities to clear your energy, enabling you to become a stronger channel to manifest what you desire.

Gail, a psychic medium and healer, teaches natural healing through Reiki and energy alignment. She works with the spiritual realm to release ailments and negative issues in the energetic body by connecting people to Source. Through her exploration of alternative modalities, Gail has aligned with powerful spirits who work through her. People report spontaneous healings just by attending one of Gail's healing meditation events. Based in Los Angeles, she hosts *Gail Thackray's Spiritual Journeys* a documentary series where she travels the world seeking out great healers, and places of spiritual and supernatural significance.



Friday 6 PM Center Stage

Kitty Lao

to be announced

Lecture not available at time of printing. Please check online at wholelifeExpo.com



Friday 6 PM Healthy Living Stage

Dr. Vladimer Gordin

Mental/Emotional Healthy Living

In this dynamic and interactive lecture/demonstration, Dr. Gordin teaches techniques of healthy living based on the human body's needs, issues, stressors, and traumas as they relate to structure, chemical balance, and mental/emotional aspects. Health issues arise whenever one of these facets is out of balance, and each has a cause and effect relationship with the others. In the demonstration part of the lecture, Dr. Gordin shows various ways such a balance may be achieved.



Friday 6 PM Knowledge Room

Omar

You - Amazing Human

H. Creighton Nelson Omar discusses how being a multi-dimensional spiritual, mental, physical being allows you tap into infinite power as you grow and learn. Soon, your mind identifies more with the physical dimension than your spiritual oneness with all that is, and you resist stress-related feelings. Join Omar as he shares a unique Mind Body Spirit integration of up to fifty systems to help you quickly unlock dysfunctions of mind, energy, body, and relationship.

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Friday 7-9 PM Utopia A Room

Ayman Sawaf

Sacred Commerce, Rise of the Global Citizen

Ayman will take you on a magical journey to explore the past and the future of commerce. From the Merchant Priests of ancient Egypt who practiced the skills of emotional alchemy in their pursuit of self realization, to the Global Citizens they dreamed of, who would one day emerge to co-create a new world. Ayman will explore the 4 cornerstone model of emotional intelligence; from his best sell, *Executive EQ, Emotional intelligence in leadership and organizations*. Followed by a 1 Hour Q&A.



Friday 8 PM Utopia B Room

Vincent Genna

God, It's Not Working

You've read incredible self-help books by some of the greatest spiritual authors. You study and practice ancient Universal laws. You attend numerous master classes and conferences. Yet you're left saying over and over, "God, it's not working!" Why? Something deep within you blocks the most important process that makes everything you attempt become a reality. Come learn about the process, what blocks it, how to disempower it, and how to reconnect with your gifts to fulfill all your dreams!



Friday 7 PM Center Stage

Maggie Wilkins

Find Your Flow

We each have a natural direction of action, a FLOW that can direct our lives in ways that our conscious mind can not see. Learn how to sense this inner path for yourself in this wonderful intro class.

Maggie discovered her intuitive and visionary abilities at an early age, and has since studied with some of the world's greatest spiritual teachers. Drawing on the wisdom of Eckhart Tolle, Buddhism, Christianity, Judaism, Baha'i and Advaita, Maggie developed her own unique Core Vibrational Energy technique. Using meditation and insightful questions, Maggie guides clients on a journey of conscious awakening that reveals the authentic essence of any issue.

Now, through her Thailand inspired company "Pasada", Maggie and her team of likeminded holistic professionals are helping businesses and individuals from all walks of life to achieve clarity, serenity and confidence.



Friday 8 PM Healthy Living Stage

Amy Wilinski

The Heart of Shamanism

Join Amy Wilinski as she introduces you to Shamanism, an ancient spiritual practice which recognizes the divine spark in all of creation. Amy shares that you only need ask to share this divine intelligence. If you have felt alone or unsupported in this world, join Amy for a wonderful session of reconnecting with spirit as she creates a sacred space and employs powerful shamanic drumming to guide the class on a healing journey.



Friday 8 PM Communities Stage

Leslie Smith, MD

East Meets West;

A new Integrative Healing Model

Dr. Smith has combined an aliopathic medical education with a rigorous study at the Yo San University learning Chinese medicine: acupuncture, Chinese medical theory, and medicinal herbs. She further completed Harvard Medical School's Structural Acupuncture Course for physicians to learn Japanese-style acupuncture. At her private practice, New Leaf Acupuncture and Traditional Asian Medicine, she applies these Japanese, Chinese, and Master Tung's styles of acupuncture in her treatment regimens, and develops a new integrative model for healthcare.



Friday 7 PM Healthy Living Stage

Cindy Spencer

Psychometry, Working with Vibration

Join certified medium and master healer Reverend Cindy Spencer as she demonstrates the art of working with vibration through "Psychometry", an older form of mediumship. Watch as she conducts a free demonstration using a personal item such as a piece of jewelry or even a card. Get involved as she connects to your loved ones and your inner self through the vibration and energy of the object that she holds. Experience her talents and the messages she receives for the audience during her lecture.



Friday 7 PM Knowledge Room

Frank Bozak

Awaken Past Life Energy through Music

Frank Bozak combines his training as a film composer with his spiritual and intuitive gifts to create music designed to unlock past life memory. Many believe that we carry memory of all of our lifetimes within us and that tapping into this vast resource can be of great assistance into reaching your full potential. Join Frank in a wonderful presentation and musical journey while you enjoy the opportunity to discuss your visions with Spirit and receive insight on their relevance in this life time.



Friday 8 PM Knowledge Room

Darrah Hodges

Wisdom through Visionary Art

A visionary artist, teacher, and intuitive painter for forty years, Darrah Hodges offers in-depth readings while illustrating on canvas her visions of the beauty and wisdom of your inner spirit. Delight in the images of angels, dolphins, fairies, spirit guides and more as Darrah's new language of spiritual interpretation through painting helps you in your search for truth.

SATURDAY PRESENTATIONS

Saturday 10 AM Center Stage



Dr Maurice Werness

Foremost Factors in Health and Longevity

Dr. Werness has worked with Raleigh-based Akea to design a whole food nutritional supplement that incorporates the nutrients and foods consumed in the World's Longevity Hot Spots. He also closely compared the lifestyle choices of people there with the average American lifestyle and designed a wellness protocol called the BluePrint for Life, that offers simple suggestions for integrating these

lessons into daily life. The BluePrint for Life encompasses five principals: movement, nutrition, connection, relaxation and purpose. When applied concurrently these principals set the stage for optimal health.

Whole Life takes great pride in bringing Dr Werness to the expo. Join him to hear some of the most intriguing research into our potential longevity that we have come across. Best yet, the path to vibrant health appears open to us all.



Saturday 10 AM Connection Room

Barry Helm

Channeled Healing Meditation

Barry Helm utilizes psychic reading, spiritual channeling, bodywork and metaphysical healing as he guides the individual into a place of aliveness and ease. Join him as he presents a channeled

healing meditation assisting those present in their transformational process. Barry travels throughout the United States sharing his unique style of healing work with many.



Saturday 10 AM Healthy Living Stage

Dr Josh Younce

Healthy Living: Take Control

Dr. Josh Younce teaches that healthy living is a necessity rather than an option. Join Dr. Younce and learn the secrets of reducing stress, eating healthy, finding the right exercise for you, and evaluating your overall health.



Saturday 10 AM Community Stage

Dr Jaena Stanley-Gonzaga

Raw and Real, the Awakening

In May 2009, Dr. Jaena traveled to Peru with her husband, best friend, and a group of 40 spiritual seekers. She returned raw and naked to a new reality. The perception of herself and the world she lived changed forever. Four years later she

shares her story of the challenges and difficulties as well as the blessings and miracles that unfolded.

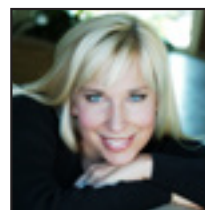


Saturday 10 AM Knowledge Room

Diane Warren

Tarot and You

Join Dianne Warren and explore the rich history of tarot's largely unknown origins and what tarot reveals for you. Some legends say that the cards originated in ancient Egypt, derived from mystery religions to help people in their daily lives. Today, with the assistance of clairvoyance and spirit communication, each tarot card's symbolism opens up the psyche to new feelings, ideas, concepts, and spiritual opportunities as Dianne guides you through the history and meaning of tarot.



Saturday 11 AM Utopia A

Kelly Sullivan-Walden

Debunking the 3 Biggest Dream Myths

We all spend one-third of our lives sleeping and during that time we dream...every night. Yet, for most people in the western world, the territory of nighttime dreams is shrouded in mystery. In this lecture, Kelly Sullivan Walden, bestselling author and dream expert shines a light on the 3 biggest dream misconception, reveals the 3 dream truths, explores the Holy Trinity of Dreams and gives you the tools to understand your sleeping dreams and to make your waking dreams come true.

Saturday 11 AM Center Stage



Emanuel Kuntzelman

Healing the Karmic Field

How do we make a positive shift in global consciousness when our social institutions are reluctant to change despite exponential growth in technology and information? Emanuel Kuntzelman talks about our singular moment in history, and the need to redefine our notion of karma to one of self-empowered creativity rather than predestined fatalism during this critical time. When we begin to see karma as a future-based intention instead of a negatively held piece of historical wrong-doing that needs balancing, we can begin to harness the creativity and energy of a group dynamic to create an effect of positive change toward social transformation.

Emanuel Kuntzelman, a lifelong seeker and founder of the non-profit exchange organization, Greenheart, helps thousands of participants build a foundation of cultural understanding across the globe while promoting environmental initiatives. He leads workshops, lectures and retreats with the idea that personal growth leads to a transformed society of holistic humans. After starting the Center for Cultural Interchange in 1985, Emanuel and his life partner Laura Rose, founded the Fundacion por el Futuro in Spain. Current endeavors include work with Ibiza's ecological center, Casita Verdet.



Saturday 11 AM Healthy Living Stage

Shareane Baff

Space Clear Your Home

Join BTB FengShui Masters Training Program graduate Shareane Baff as she teaches how you can reclaim your life through space clearing, a ritual that raises the vibrant energy of your home. This increased vibrational frequency is important to the creation of an abundant, happy, and fulfilling life. Learn various techniques that will purify your space and ultimately bring enthusiasm, playfulness, and vitality back to your life.



Saturday 11 AM Community Stage

Thomas Orjala

The Urantia Book

Join Thomas Orjala to explore The Urantia Book, which is becoming recognized as the most significant source of truth to appear on our planet in hundreds, if not thousands, of years. The book guides us through these cyclonic times as we move toward a new era of Light and Life. The road will hold challenges, but we now have a book of directions given to us by celestial intelligences that are deeply committed to our growth and development as individuals and as a planet.

Saturday 11 AM Knowledge Room



Deborah M Pratt

Shift, Entering the Fifth Dimension

Everyone has hopes, dreams, and desires, some secret, some overt, some so filled with passion they give us the life force that drives us every day. As we ascend into the Age of Aquarius and the planets align, our vibrations will heighten and open us to our higher selves. Deborah shares this very special KNOWING, one that might just guide our inner visions to become our most profound outer realities. And, WHAT

IF, when we SHIFT into our true selves, we have the opportunity to create the greatest desires of humanity into reality. Will you be ready?

Join Deborah M. Pratt, the best-selling author of *The Vision Quest* and *Visionary: Being One* and the newly released, *Age of Eve: The Rise of the Nephilim*. The co-creator of the hit TV series, *Quantum Leap*, Deborah recently relocated back home to Chicago where she develops new writing projects.

Saturday Noon Center Stage



John Murphy

Zentreprenuer:

Put Presence into Practice

Meet Zentreprenuer John Murphy, the mystic of management and the sensei of strategy. For over 30 years, John has started businesses, grown businesses, managed businesses, counseled businesses, coached executives, mentored managers, and trained thousands of leaders from over 50 countries. He has evolved from quarterbacking football at Notre Dame to quarterbacking business

improvement worldwide.

What makes John unique is his profound awareness of Spirit and his ability to light up a room with Presence. John is the author of 15 books, including the award-winning *Beyond Doubt: Four Steps to Inner Peace*. In this session, John will teach us how to awaken our inner genius and capitalize on it.



Saturday Noon Healthy Living Stage

Mark Bornstein

Miracle Foods in Miracle Forms

Dr. Mark Bornstein, health psychologist, will present unique ways to maximize our physical and mental health through whole food nutrition. His affordable and convenient solutions add fun for the entire family. He will present the compelling research on Juice Plus; seventeen fruits, vegetables, and grains in convenient capsules and delicious chewables. He will also present the Tower Garden by Juice Plus, a unique aeroponic vertical garden that makes it easy to grow fresh fruits and vegetables at home.



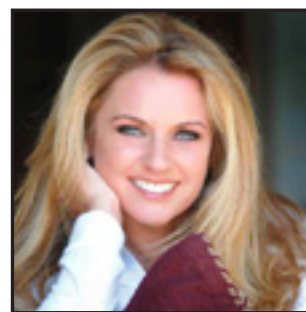
Saturday Noon Knowledge Room

Cinnamon Mancini

Demonstration of Spirit Communication

Join Spiritualist Psychic-Medium Cinnamon Mancini in this teaching lecture as she demonstrates and discusses various forms of Spirit Communication. Learn the differences between Spirit Communication and Psychic Phenomena and the reasons that we need to know them. Ask questions and enjoy the adventure as Cinnamon demonstrates how she uses the seven energy centers to access information while guiding the group through a short energy opening visualization.

Saturday 1 PM Center Stage



Gail Thackray

How to Talk to Your Pets

Learn what your pet wants to say to you. Author Gail Thackray will be giving you steps and techniques to connect with your animal. Understand your pet's health issues, natural healing they want, behavioral "problems", past lives and reincarnation, pet peeves, tracking a lost animal and your guides and power animals. Connect with your pets here and in spirit. Bring photos of your animals. Gail will give sample readings to audience members.

Gail, a psychic medium and healer, teaches natural healing through Reiki and energy alignment. She works with the spiritual realm to release ailments and negative issues in the energetic body by connecting people to Source. Through her exploration of alternative modalities, Gail has aligned with powerful spirits who work through her. People report spontaneous healings just by attending one of Gail's healing meditation events. Based in Los Angeles, she hosts *Gail Thackray's Spiritual Journeys* a documentary series where she travels the world seeking out great healers, and places of spiritual and supernatural significance.



Saturday 1 PM Healthy Living Stage

Sue Simon

30 Ways to Poison Yourself before Breakfast!

Sue Simon focuses on the chemicals in health and beauty products and their effects on your body. Learn about some affordable, organic alternatives as Sue shares how we may not be protected by the agencies that are in place to govern these chemicals.



Saturday 1 PM Community Stage

Gonzalo Rodrigo Duque

Sacred Places and the Planetary Shifts

2013 has brought challenging times into our daily lives. These challenges come as part of the energy shifts our planet experiences. Sacred places around the planet present an incredible opportunity for aligning and synchronizing our heart with the universe in order to prepare ourselves for the planetary shifts. Since not everyone has the time or means to travel to these places, come and learn the alternatives available to you.



Saturday 1 PM Knowledge Room

Diana Kushenbach

Mediumship Awareness Group

A natural medium, Diana Kushenbach teaches spirit communication and channeling in this lively and entertaining session. Learn why earth bound spirits remain and how to help them attain peace. Diana connects directly to Source for information and invites you to enjoy healing offered by this modality. Discover for yourself that you too can tap into this intuitive source of information.

Saturday 1 PM Connection Room



Debra Poneman

Learn the Only Secrets You Need to Master True Success

Debra spent the first decade of her adult life with the greatest masters of the east up to 12 hours each day in deep meditation - often in silence - for months at a time, and teaching meditation to thousands. In the 1980's she began studying the masters of western metaphysical thought as well those masters who had amassed fame

and fortune.

Combining the essence of these bodies of knowledge, she founded Yes to Success Seminars. Within a short time her seminars were being taught on 4 continents. Some of her students became millionaires, billionaires and even household names while others gave up 6 figure incomes and devoted their lives to God...all because of the spiritual yet practical secrets they learned from Debra. Now, Debra says, because time is rapidly accelerating, she can and will give you in this one workshop exactly what you need to master True Success NOW.



Saturday 1 PM Music Stage

Jenna Allin

Disarm Emotional Triggers

Join Jenna for a session on overcoming self-defeating, self-limiting, self-sabotaging patterns. Learn to contact your core belief system imprinted from early life and prior. Discover how to correct these deep imbalances. Aligning the subconscious mind with your conscious desires stands as the key to lasting change



Saturday 2 PM Utopia 1 Room

Pamela Holzman

Embracing an Attitude of Gratitude

Our relationship with our self, how we treat our body, how we think, how we manage our stress - has a direct relationship with how we deal and cope with our world at large. As life happens "to us", we need to keep adapting and reinventing our self. Learning to keep our heart open and to be grateful allows us to find love and worth in our daily experiences. Centering, heart opening meditation and mudras will be shared.



Saturday 2 PM Center Stage

Bill Sheppard

Prevent and Reverse Aging

We often describe basic nutrition in terms of caloric nutrients. But there exists another important layer of nutrients from foods, that our body's cells require to keep us well, called "Welltrients". These "Welltrients" include amino acids, minerals, EFAs, vitamins, antioxidants, enzymes, and more. Each provide a key nutrient required by our cells: to balance the body's pH, provide cellular nourishment, eliminate, prevent, and reverse the way our body ages, gets sick, and dies.



Saturday 2 PM Healthy Living Stage

Jan Litza

Change Your Medicine Cabinet

Jan Litza shares how as your at-home source for healing and maintaining your health, you can change your life by changing your medicine cabinet. Join Jan in a discussion about how to transform a medicine cabinet into a "wellness cabinet". Natural remedies have stood the test of time and are proven to be effective and reliable. Jan teaches you to give your family pure, safe healing remedies, not quick fixes with unwanted side effects.



Saturday 2 PM Community Stage

Tony D'Angelo

Shifting Energy through Essential Oils

In this session, Tony D'Angelo, a Medical Qigong Practitioner, will discuss how to integrate certified pure therapeutic grade essential oils into life to cleanse, balance, restore and energize the human body and open higher states of mental acuity, emotional awareness, and spiritual consciousness.



Saturday 2 PM Knowledge Room

Debbie Smith

Charting Your Life

Internationally known psychic Debbie Smith brings you a lively discussion of exactly how we created the plan that determines what we do in this lifetime. If you ever think about the events in your life and wonder why certain things happen to some people and not to others, you will not want to miss this intriguing lecture as Debbie leads a guided meditation journey to the other side, where you may read your own plan.

Saturday 2 PM**Music Stage****Greta Blackburn*****Yoga for Civvies***

Yoga offers many and significant benefits. For many, however, the thought of starting a practice is daunting. People who did not grow up as a bend-y person or who took a class once only to be scared away by the difficulty or their own inability to touch their toes miss out on the benefits of a daily downward facing dog!

This class is designed for those who want to learn the art of yoga but who

find themselves afraid to put themselves on the mat...till now. Fear not you will enjoy this fun, informative, geared to all levels of beginners or newbies.

"One of my pet peeves is yoga teachers who scare away first-timers or beginners with difficult poses or tricky sequencing. Too many people have had a BAD experience in a yoga class and never gone back. I'm here to fix that," says Yoga for CIVVIES/STIFFIES creator Greta Blackburn.

An added benefit for ANY level practitioner will come from the Songs in the Key of DNA music that will compliment this class, making it a true anti-aging experience.

**Saturday 2 PM****Yoga Dome****Nate Guadagni*****Brain Wave Vibration***

Get into the rhythm of health, happiness and peace. Learn about brain wave vibration, a simple and effective mind and body practice that helps you reawaken your natural healing abilities through your brain stem. Your brain stem plays

a critical role in your health controlling breathing, heart rate, stress response, and the other automatic functions of the body. Find out how to enter a meditative state in just a few minutes of brain wave vibration.

**Saturday 3 PM****Utopia A Room****Mark Rosenbloom, MD*****Is 60 the New 30?***

Cenegenis-trained, board-certified anti-aging physician discusses recent medical breakthroughs in diet, exercise, food supplementation, and hormone optimization. This potentially life-changing presentation will demonstrate how

following the ABC's of anti-aging will allow you to look, feel and "be" 20 to 30 years younger. Dr. Mark Rosenbloom is the founder of the Lifeforce Medical Institute in Chicago, Illinois, specializing in strategies to maintain optimum health primarily in the second half of life.

**Saturday 3 PM****Center Stage****Dr. Barbara Royal*****The Royal Treatment***

A passionate, dedicated, and innovative veterinarian, Dr. Royal has a unique approach to medicine. Her patients have included countless different species from German shepherds at her private practice, to baby owls in the wild, to

zebras in the zoo. Her ability to lend a voice to sick or injured animals and carry out the best treatment for them is unmatched.

The knowledge she has gained from wild animals gives her valuable insight into the cat in your kitchen and the dog in your living room. In order for our pets to meet their full health potential, we must become mindful of these natural nutritional, emotional, and physical needs.

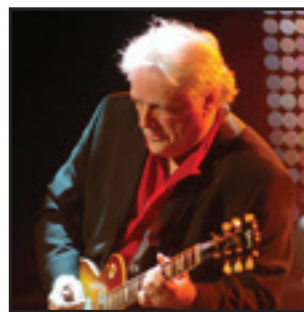
**Saturday 3 PM****Healthy Living Stage****Mini Kaur*****Symbolism Of Hindu Deities***

Join Mini in this informative discussion and learn about the symbol OM, the spirituality of Lord Ganesh, "The Remover of all Obstacles", and Goddess Lakshmi, "Symbolism for Wealth and Prosperity".

**Saturday 3 PM****Knowledge Room****Karl Mollison*****Soul Whisperers Share Secrets***

Karl Mollison explores how nearly 90% of people, Lightworkers included, have unwanted spirit attachments undermining their emotional or physical health. Effects include fatigue, anxiety, fears, depression, and abuse of self and others.

Join Karl as he shares steps to regaining your spirit health. It starts with how Soul Whisperer can remotely scan you, channel ghosts and spirits, find lost departed loved ones, and gently talk them to the Light. Follow up with Karmic Repair from the archangels so past-life problems don't repeat in your future.

Saturday 4 PM**Connection Room****Dick Wagner*****Not Only Women Bleed***

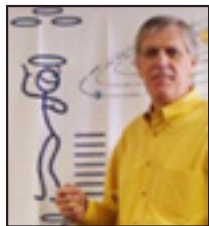
Inspirational musician and author, Dick Wagner, "The Maestro of Rock", has a lifetime of experience as songwriter and lead guitarist for rock icons like Alice Cooper, Air Supply, and more. Wagner's colorful tales of youthful days in rock 'n' roll, and years of hit recordings contrast with emotional stories of drug abuse, addictions, and near fatal health issues. But Wagner also tells of survival—both personal and professional. He describes

his clinical death and his rebirth through personal determination. Disabled and unable to play guitar for years, he returned to live performance among packed venues, overjoyed fans and critical acclaim. Wagner's story is a hard-driving, heart-driven life scripture, vividly and joyfully conveyed.

**Saturday 4 PM****Center Stage****Alfred Hanser*****Solutions for Health & Aging in the Wireless Age***

Latest scientific discoveries, including Nobel Prize winning work, in the areas of wireless radiation exposure, hydration, and nourishment have revealed never before seen connections between our hi-tech lifestyle and the rate at

which we age. The ever-evolving science-based presentation, will provide fascinating insights into the aforementioned connections and educate listeners about why our hi-tech lifestyles require an entirely new generation of hi-tech wellness and anti-aging solutions.



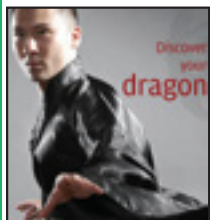
Saturday 4 PM Healthy Living Stage

Roger Ringo

The Human Aura: See it Feel It, Learn to Heal It

Join Roger Ringo as he demonstrates how to see, feel, and heal a shield against negativity that is the aura. Learn what the colors of red, yellow, green, blue, and purple mean and why you react to colors in certain ways. Find out how success can

be limited or enhanced through colors and why you may feel anxious with certain people while you feel uplifted with others. Discover what the colors of your clothing reveal and how color can help in attracting success.



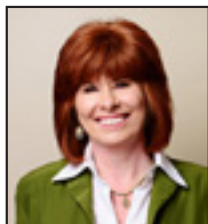
Saturday 4 PM Community Stage

Donald Hyun Kiobassa

Discover Your Dragon

Join Donald Hyun Kiobassa, a gold medalist in martial arts, for a discussion and demonstration. Hard work, health, balance, skills and goals: these are the five steps. He will share lessons learned at the legendary Shaolin Temple to help you take the

critical first steps on the journey to "Discover Your Dragon and the Victorious Life." Born in Chicago, Donald now works as lawyer, CPA and leader of a state-of-the-art martial arts team. Author of *Discover Your Dragon*, he serves as an associate with Univera and promotes optimal health of body and mind focusing on children and young adults.



Saturday 4 PM Knowledge Room

Leslie Fonteyne

Blowing the Lid Off: Abundance Now!

Experiencing abundance in every aspect of your life requires serious effort and commitment. In this session, Leslie Fonteyne gets real about the energetic blocks that stand between you and your transformation. Learn abundance boot camp

techniques that will shift you into a new lifestyle of empowerment and excited anticipation. Watch a live demo that challenges your personal limits regarding the lengths you will go to manifest your new reality now. Join Leslie and make sure you feel ready to make a commitment to abundance in your life!



Saturday 4 PM Music Stage

Christine Pateros

Conscious Dying: Living and Dying with Grace

Shamanic cosmology views leaving this life as a sacred rite of passage to be sweetly and gently nurtured and held while our western culture has ignored, or denied, or simply not dealt with death as an essential part of living. Join Christina as she

shares how her own experiences with death have provided insights into living: from the little girl asking mommy and daddy "where do we go when we die?" to the spiritual seeker asking spirit and ayahuasca to "Show me the way beyond death."



Saturday 5 PM Center Stage

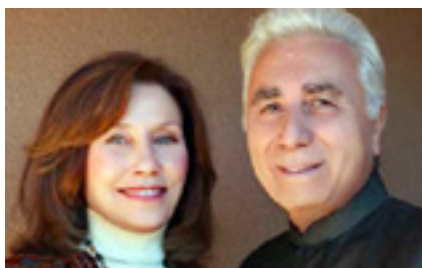
Dr. Michael Cotton

Higher Brain Living

A 'REVOLUTION' IS TAKING PLACE! Learn how you can enhance your wellness or personal growth practice profoundly or potentially own a Higher Brain Living® center. Observe a mind-blowing Higher Brain Living® session – a

revolutionary gentle-touch technique that creates a surge of energy from your primal fear-based lower brain into your higher brain (prefrontal cortex), which dissipates fear and helps you discover a life filled with joy, passion, and purpose. Not just an evolution, a revolution!

Saturday 5 PM Connection Room



George Cappinnelli & Sedena Cappinnelli

Do Not Go Quietly: a Clarion Call for GenXers, Boomers, and Elders

George and Sedena are truth-tellers, social revolutionaries and passionate spokespersons for those who have dreams they want to fulfill, new

frontiers they want to explore, a legacy of greater hope and promise they want to create, and the precious gift of this life they want to celebrate. They are experts on societal, organizational, and individual change and Co-Founders of Age Nation, a digital media company that provides solutions to these generations who have changed the world and are being called to do it again.

Through Age Nation and The World Council of Wisdom Keepers they are working to create an age-friendly society and, in the process, revitalize and reinvigorate life for the 150 million Americans who will soon be 50 or older whose issues are being ignored and whose talents, wisdom, and experience are being undervalued.



Saturday 5 PM Healthy Living Stage

Peter Goodgold

Heal Yourself with Living Crystal Alkaline Water

Peter explains how consuming life-sustaining, living, crystal, ionized alkaline water improves one's health, helps you lose weight, increases your sexual stamina and lengthens your life. He exposes the bottle water scam and explains the harmful and acidic nature of reverse osmosis,

distilled and bottled waters. Discover alkaline water created with the Ionic Oasis water ionizer as the true fountain of youth! Peter created Pyramid Raw Food/Macrobiotic restaurant in Santa Monica, CA and Healing Waters Health Spa in Eden, AZ.



Saturday 5 PM Knowledge Room

Barbara Evans

Empower Your Life

We each must take the important steps of awakening and harmonizing all levels of our Being on the path to empowerment. Barbara Evans teaches a new approach to attaining this

goal, based on the Messages of Universal Wisdom Empowerment Cards. Each card holds powerful vibrations to bring joy and inspire you on a daily basis. Learn how to use the cards to create sacred space for personal and planetary healing, empower your spirit, and manifest your highest dreams.



Saturday 6 PM Connection Room

Lisa Faremooth Weber

Smart, Strong and Spiritual: 7 Keys to an Empowered Life

Lisa Faremooth Weber, owner of Heaven Meets Earth Yoga, will lead an experiential lecture of transformation and empowerment. Learn how using yogic technology can heal and transform your life.

Saturday 6 PM**Center Stage****Temba Spirit*****The Bullet of Love***

Most think of “a bullet to the heart” as metaphorical. But for ex-gang member and ex-convict Temba Spirit, author of *How to Reclaim Your Innocence*, a bullet to the heart was not only literal – it was transformative! Temba Spirit will lead us into our hearts of innocence via his transformational HipHop and his inspired Love-Realized speaking.

He will courageously share his painful story and reveal to us that we each may move from fear and shame to our true journeys.

Saturday 6 PM Healthy Living Stage**Adam Graham*****The ABCs of the Raw Food Diet***

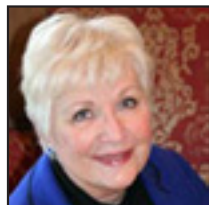
Adam Graham, raw food chef and author of *The Complete Idiot's Guide to Raw Food Detox*, shares his insights and experiences with the vegan raw food diet and lifestyle. Great things have small beginnings and this lecture may give you the tools

that will allow you to make small dietary changes that have a huge impact on your personal health and well being.

Saturday 6 PM Community Stage**Dr. Claire Campini*****New Acropolis - Philosophy in Action***

New Acropolis promotes groups of volunteers who contribute in many different ways to the societies they live in, bringing together women and men who voluntarily want to build a better, more just, and more humane world. Volunteerism, guided by

ideals of service and goodness, brings about profound changes, not only in society, but also in the hearts of those who practice it.

Saturday 6 PM Knowledge Room**Paulette Salo*****How to Talk with Your Angels***

Paulette Salo invites you to participate in making your life peaceful, harmonious, and joyful by talking with your angels. Learn Paulette's story of how she came to paint angels and see how easy it is to talk with, hear, and work with your angels,

dramatically changing your life.

Saturday 7 PM Connection Room**Dr. Elsbeth & Freddy Zental*****Creating Intimacy & Love***

Feel more passionate, deeply intimate and totally fulfilled in life, love, and intimacy! In this lecture Freddy will introduce you to the foundational principles and practices of the “Yoga of Love” as developed by the TantraNova approach: how

to rediscover the source of creative energy, how to deepen intimate connection; and how to use masculine and feminine energies to expand the love connection. Freddy Zental Weaver, the co-founder and director of the TantraNova Institute in Chicago has gained renown as internationally workshop leader, relationship and intimacy coach and certified Tantra Yoga teacher. Showtime recently featured him in the documentary series *Sexual Healing*.

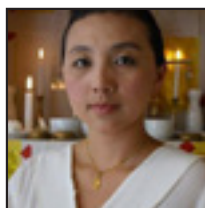
**Saturday 7 PM****Center Stage****Suhir Shah*****Ayurvedic Skin Care - Beauty Inside Out***

The class will address a holistic approach to beauty inspired by the Ayurvedic tradition of India. The attendees will learn how this approach differs from the conventional approach to beauty, health, and wellness. Mr. Shah will explain why

and how this works and what technique and ingredients to stay away from. Unlike the recent trends in medicine, Ayurveda treats the cause and doesn't just mask the symptoms. Beauty, health, and wellness exist as a balanced and dynamic integration between our environment, body, mind, and spirit.

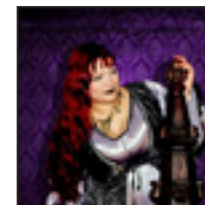
Saturday 7 PM Healthy Living Stage**Judy Lekic*****Healing Within***

Join Judy Lekic as she ‘sees’ inside your body and assists you in discovering the cellular origin of disease. She teaches how to release blocked energies, enabling you to restore your body to perfect health.

Saturday 7 PM Knowledge Room**Master Shaman Pa Li Chi*****Shamanic Way of Healing***

A natural born Hmong and multi-spiritual/multi-dimensional Shamanic Healer, Master Shaman PaLiChi shares knowledge about ancient to modern ways of holistic healing from the roots up through Life Cycles. Experience a soul calling

ritual and energy healing in this interactive session. Ask questions and gain guided responses to feel a sense of the true Shamanic way of healing into your highest good.

Saturday 8 PM**Center Stage****Christina Northam*****Health Concerns in Fragrance Products***

This lecture will examine the potential concerns of petroleum-based products in the home, as well as parabens, sodium lauryl sulfate, and phthalates. In factual, rational terms we will review the concerns of commercially made

candles, soaps, and lotions so you may draw your own conclusions. We will also explore natural alternatives so you can still enjoy fragrances safely.

Saturday 8 PM Healthy Living Stage**Phillip Wilson*****Benefits of Far-Infrared Light Sauna***

Phillip Wilson demonstrates live experiences in the Relax Sauna in this informational session on the history and documentation of far-infrared energy. He shares scientific documentation and testimonials of those wanting to feel great instead of just OK, or those who had serious problems

corrected by using far infrared saunas. Far-Infrared Energy started to become very popular in the United States when Sherry Rogers published her book, *Detox or Die*, in 2001.



Saturday 8 PM Knowledge Room

Andrea Lopez

Ancestral Healing Prayer Technique

Andrea Lopez teaches a simple, powerful technique to heal your ancestral lineage. The technique uses divine love, the purest form of love, combined with a special Ancestral Healing Prayer to clear away repeated traumas and negativity from you and multiple generations past, present, and future. Join Andrea for this dynamic presentation that will leave you feeling recharged.



Saturday 9 PM Knowledge Room

Chris Alexandria

Askfirmations: Affirmations on a New Level

Participate in this dynamic, interactive lecture as Chris Alexandria gives you the formula that you can use the rest of your life. Askfirmations take affirmations and mantras to a new level. She shares how not all affirmations work because the ego takes over and blows raspberries at you; however, as one of the Laws of the Universe says it answers all questions asked, Chris teaches how to make them positive and present-tense.

Saturday Night Spectacular

Whole Life invites you to explore



What makes a Spiritual Cirque?

When we developed Whole Life Expo, we wanted to create more than simply an expo. We wanted to create an environment that celebrated the very idea that we exist as body mind and spirit. You will see that theme in the exhibit hall, but even more in Sephira.

The entire cirque story relates to the spiritual journey we each take. The performers discover that even though they live in a mundane world, they have access to magic and ultimately to their true selves wherein all authentic power resides.

The cirque brings the themes of Whole Life to a whole new generation and makes for a great family event of sounds lights and impossible to imagine human movement.

Cirque Tickets:
\$39, free w/ weekend admission
\$19, under 12

After Cirque Global Dance Party



SUNDAY PRESENTATIONS



Sunday 11 AM Utopia A Room

David Bobrowich

Come Play with Energy: Reiki and Orgone

If you have ever wanted to feel (and possibly see) energy from Orgone, this lecture is a must! Join David for this delightful presentation on cleansing your aura and chakras. He will show you techniques on how align your energy centers to help create harmony in your life.



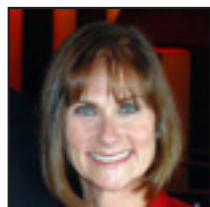
Sunday 11 AM Connection Room

Dr Bernice Teplitsky

Holistic Dentistry: Preventing Cavities, Heart Disease, and Mercury Fillings

Learn to treat and prevent life-threatening conditions such as heart disease and diabetes with dentistry. Hear how you can improve your health

by focusing on your mouth. Dr. Bernice Teplitsky, a Chicago-based general dentist, incorporates a holistic and integrative approach to treatment. Her methods include the most biocompatible and minimally invasive procedures to ensure her patients' overall, long-term health.



Sunday 11 AM Center Stage

Lenore Weiss

Beyond Building Green: Creating Spaces that Celebrate the Art of Living

Architect and designer Lenore Weiss, AIA, LEED-AP, has based her practice on the belief that our built environment must do much more than

simply provide visual style. She creates spaces that actually invite the experiences people want to have there. Her award-winning work demonstrates beauty, healthy living, and energy efficiency at the same time. Join her as she shares her fresh approach to architecture drawing on ancient traditions such as Feng Shui, as well as contemporary strategies.



Sunday 11 AM Healthy Living Stage

Dena Mendes

Healthy Living Cooking Demo

Learn to create simple, tasty and healing foods in your own kitchen. Dr. Dena Mendes will show you how to prep these dishes and then offer a chance to sample: kale salad with pine nuts and cran-raisins, collard salad with lemon and golden raisin, wheat/

gluten/dairy free sweet black bean and sweet potato burrito, veggie quinoa or pasta.



Sunday 11 AM Community Stage

Colin Stanton

Door to Door Organics

Imagine getting the best of organic foods delivered to you on a regular basis. This seems the goal of the Door to Door movement. Hear more about this new delivery service and about the value of the organic diet they make available to all of

Chicagoland and beyond.



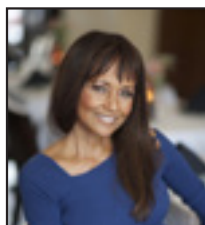
Sunday 11 AM Knowledge Room

Daved Beck

Whisper of Love

Join Daved Beck in this interactive session as he shares how to connect with the whisper by unblocking emotional fear in the transformation of One. Blessed with the unique ability of tapping

into the whisper of Divine energy, Daved acts as a shining light in the darkness to uncover love. Daved will give messages and answer questions for participants in support of transforming emotional fear into love and freedom.



Sunday Noon Center Stage

Karyn Calabrese

Karyn's Path to Raw

Karyn Calabrese declares "I am not special". Yet undeniably, she has a special gift. She has learned to listen to the knowledge innate within herself and become a leading holistic healer and teacher.

Many people look at Karyn at 65 and assume she inherited a strong matriarchy. However, both her mother and grandmother died at ages younger than hers now.

Alone with two children to raise, she bought her first wheatgrass juicer and opened a new life of growth and prosperity with her first business, growing and distributing wheatgrass. More importantly, this began her life-long exploration into the inter-connectedness between food and body and the ultimate attainment of self-insurance and inner peace.

No doubt, a raw food diet can make a tough life to live. It is out of the "norm" and denies what we have so long held as "truths". To make this more feasible, Karyn opened her raw-foods restaurant, Karyn's Fresh Corner to thriving success.

She believes we must do more than simply eat live foods but cleanse ourselves of the strong, negative, anti-life foods still in the body. Today, Karyn teaches detoxification classes through the year to give these lessons to others.



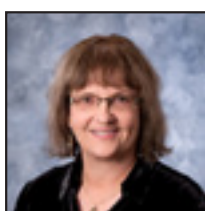
Sunday Noon Healthy Living Stage

Kiera Laike

Preparing for Higher Consciousness

Kiera Laike invites you to awaken to the dance of reflective relationship as the universe guides us in understanding ourselves as energetic developmental beings. Kiera shares the alignment of the 13 energetic stages of humans

and provides a container for the journey of awakening. Emerge out of the embodied understanding that higher consciousness spirals in nature and therefore only associates with the glial cells in the brain, not cognition. Attend and experience the wonder of being embodied.



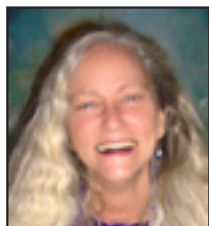
Sunday Noon Knowledge Room

Dr Debbie Bryk-Serva

Dream Travel: Your Doorway

A study of dreams can help people learn the spiritual reason their life is as it is, and what they can do to improve their lot. Join the Eckankar of Illinois in this workshop about the doorway to inner worlds that focuses on simple

fundamentals of working with your dreams and introduce spiritual exercises for dreaming. All attendees receive a free 70-page booklet "Spiritual Wisdom on Dreams" as well as a free 32-page "Spiritual Experiences Guidebook" with CD.



Sunday 1 PM Center Stage

Jennie Landsfield
The Fun and Infinite Possibilities of Access Consciousness

Access Consciousness™ provides cutting edge, potent tools and questions for the creation of your life, your desires, your body and much more! How much fun can we have dissolving conclusions

and limitations, and opening up the ease and joy of possibility? Jazz musician Robert Irving, former producer and keyboard player for Miles Davis, and other great Chicago musicians will join in the improvisation and fun!

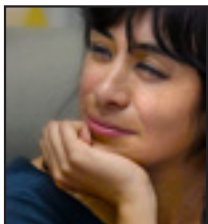


Sunday 1 PM Healthy Living Stage

Scott & Rhonda Ford
Medicine Cabinet Makeover

Learn how to makeover your medicine cabinet naturally, with Certified Pure Therapeutic Grade Essential oils. Take control of your health and your family's health naturally. This class will deepen your knowledge about essential oils: the difference in quality and grades, potency and

purity, how and why they are so effective, and how to use them. Learn more about how you can replace OTC (over the counter) medicine products, save more, experience relief faster, and avoid potentially harmful side effects from OTC medications.



Sunday 1 PM Community Stage

Sylvia Barrios
The Awakening of Humanity

Maitreya, the World Teacher, lives among us now, unknown to the vast majority of humanity. One day soon, he will declare his true identity openly, and the world will be forever changed. Sylvia will describe the steps and changing events leading to

that momentous event.



Sunday 1 PM Knowledge Room

Steve Rosley
Crystal Healing with Stones & Skull

Join Steve and explore the ancient healing tools of crystals, minerals, stones, and crystal skulls. According to legend, 13 ancient crystal skulls made by beings not from this planet have remarkable mystical and healing properties. Steve

Rosley, a caretaker of one of the largest crystal skulls, a 67 pound quartz crystal skull called Star Sirius, shows that it acts as a spiritual shortwave allowing you to give and receive information. Participate in a hands-on experience and gain insight into your inner spiritual gifts.



Sunday 2 PM Utopia A Room

Dr. Paul Ling Tai
8 Powerful Anti-Aging Secrets

A revolution takes place! Learn the latest technologies in anti-aging; discover energy, health, and vitality for a younger looking you. Discover how your biological age may trim decades off your chronological age and may serve

as a better indicator of your true health. Prof. Dr. Tai's lecture will teach you a practical, step-by-step anti-aging protocol effective for increasing energy, stopping fatigue, improving memory, and protecting against heart disease. Join the new dynamic aging population who live longer, look younger, and feel stronger!



Sunday 2 PM Connection Room

George Cappinnelli & Sedena Cappinnelli
It's Never too Late or Early to Live Your Dream

Come and enjoy an engaging, inspiring talk for GenXers, Boomers, Elders and younger people who want to reconnect to the dreams

they have come here to live. Explore how you can reconnect with your passion and enthusiasm for life, develop the skills you have always wanted to have and share a legacy of genuine inspiration and hope to those who come after you by the co-founders of AgeNation.



Sunday 2 PM Center Stage

Sherry LaMarche
Stress Away

We all experience stress as a normal part of everyday life. However the insidious effects of it often go unnoticed until it becomes difficult to balance your emotions, sleep, weight, blood sugar, etc. Discover numerous natural solutions to help cope with stress, recover from it, and re-

energize your body, mind, and spirit – balancing your “whole life”.



Sunday 2 PM Healthy Living Stage

Jaculin Dorman
Keep Your Light On

Join medical intuitive Jaculin Dorman as she teaches you to use the tools you have collected at the expo. Jaculin's visual restrictions serve as her gateway to other dimensions and subtle energies. She spent her youth “playing with the angels.”

As a medical intuitive for over 35 years, she teaches healing through helping others open their perception. Jaculin shares that as the planet moves into the final phases of Transition, our consciousness determines the pace and intensity of our journey.



Sunday 2 PM Community Stage

Robert Nakada
Change Your Life, Change the World

This meditation workshop is based on the book by the same title written by Master Ryuho Okawa, a living Buddha and the founder and spiritual leader of Happy Science. In this workshop, we

practice “Reflective Meditation” to reconnect ourselves with our divine nature, so that we can let go of our ego and overcome negative karma. Change begins when we start living harmoniously with the law of universe.



Sunday 2 PM Knowledge Room

Cindy & Michael Fess
Find Your Angels Everywhere

Find your angels here, there and everywhere with Cindy and Michael Fess during this fun-filled lecture on how to discover the angels and Guides in your life. Learn about the beautiful and joy-filled messages they send to you and

practical ways to employ them in everyday living. Enjoy a question and answer session, a short meditation, a blessing from archangel Michael, and even a song or two by Cindy and Michael!

Sunday 3 PM Utopia A Room



David Houle

Entering the Shift Age

David Houle "America's Leading Futurist", explains the new age we are in and the incredible transformations that are and will be occurring for humanity in the next 5-30 years. Based upon his #1 Amazon best selling book, this presentation will open your mind about the future. Houle has spoken on all six inhabited continents and in 12 countries.

David Houle, a futurist, thinker and speaker spent more than 20 years in media and entertainment. He has worked at NBC, CBS and as part of the senior executive team that created and launched MTV, Nickelodeon, VH1 and CNN Headline News. Houle has won two Emmys, the prestigious George Foster Peabody award and the Heartland award for "Hank Aaron: Chasing the Dream". He was also nominated for an Academy Award.

Houle is consistently ranked as one of the top futurists and futurist keynote speakers on the major search engines and in the world today. His first book, the influential and highly acclaimed *The Shift Age* was published in 2008. His second book, *Shift Ed: A Call to Action for Transforming K-12 Education* was published in April 2011.



Sunday 3 PM Connection Room

Ehryck Gilmore

How to Get Unstuck

Brace yourself! All of the questions you've ever had about your life, your love, or your career are about to be answered in that bold, in-your-face style made synonymous with the Soul Man. Yes, Ehryck Gilmore is the Soul Man. He sees and speaks to

your soul, laid bare of all its pretensions and hidden agendas. Ehryck will speak to your truth. Ehryck Gilmore is a renown lecturer and author of *Why Am I Stuck* and *Law of Attraction 101*; whose expertise has been sought and quoted in *Newsweek*.

Sunday 3 PM Center Stage



Mark Anthony Lord

Seven Steps to Life and Joy

You cannot become who you're really here to be and continue living in the old paradigms of fear and suffering. In the new era, in which we live, it becomes more and more necessary for each one of us to take full responsibility for our personal transformation knowing that our individual well-being makes an integral part of humanity's collective awakening. Yes, you are that important!

Become the first to experience the seven

steps Mark created to get you there with grace and ease.

Mark has gained world at attention as a spiritual leader and author of *The Seven Living Words*. A gifted and dynamic speaker, he offers fresh perspectives on sacred wisdom teachings. At the Bodhi Spiritual Center he works to further create a "place where people of all paths come together to discover and reveal God (greater freedom, love and purpose) in their lives."



Sunday 3 PM Healthy Living Stage

Patrick Galligan

Wonders of Pranic Healing

Energy has a profound influence on every area of your life. Join Patrick Galligan and learn how the application of pranic healing can be used to harness different energies and influence physical and emotional health, spiritual development, financial well-being, and more. Experience peace, stillness and bliss through a short guided meditation called the Meditation on Twin Hearts. Patrick offers an easy-to-follow meditation aimed at achieving illumination, reducing stress, and increasing productivity.



Sunday 3 PM Knowledge Room

Dr. Leila Marsha Peterson

Overcoming the Fear of Happiness

Join Dr. Leila Marsha Peterson for simple and very effective strategies on overcoming the fear of happiness. Learn how to create a new you so you may finally experience a happier, healthier, and wealthier way of life. Dr. Peterson has reached thousands of people through her time-proven and easily-applied lessons for getting through the tangle of problems we each face as we try to achieve the wonderful possibility that life offers.



Sunday 4 PM Connection Room

William Farber

Energy Wave Alignment

Bill Farber has spent over 4 decades investigating deeper levels of awareness through meditation, and using this connection to assist others in raising their vibratory frequencies to transcend limitations of daily life. After studying and practicing several forms of energy work, he developed the Energy Wave Alignment processes. These processes have captivated people all over the world with their absolute purity and simplicity. Bill will give actual experiences of four frequencies of energy qwaves during this unique presentation.



Sunday 4 PM Center Stage

Linda Linker-Rosenthal

Meet the 7 Chakra Sisters - Your Wise Inner Allies

Join healer and author Linda Linker Rosenthal as she introduces you to your wise inner allies and puts a new spin on the chakras! Think of them as 'seven energetic sisters' living on separate floors of an enchanted crystal castle that represents your human body. When their unique personalities get along and cooperate, you benefit from harmony and peace in the palace. When 'out of sorts', all hell breaks loose inside. Join Linda and her light-hearted metaphysical team to discover your healthy, loving, and wise inner selves.



Sunday 4 PM Healthy Living Stage

Shawn Ichou

Essential Oils for You and Your Home

EDEPAM, an American/Moroccan essential oils company makes oils in the beautiful country of Morocco. EDEPAM provides a variety of essential oils and floral waters including ammi, mauve, wild chamomile and lavender. Their high quality, 100% pure and natural distillation sets their product aside from any other. Learn more about the wonderful world of essential oils and aromatherapy in this fun and scented class.

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Sunday 4 PM Community Stage

Peter Goodgold

Alkalinity & Spirituality

Metaphysical and Betterphysical

Water guru Peter Goodgold explains how spirituality and the state of one's mind have the biggest influences on personal health and energy. We have been controlled by religious beliefs and

government way too long. Discover a total health secret revealed with unique use of healing waters created with living crystal water ionizers. Learn how the spiritual and scientific use of alkaline water heals our bodies, increases weight-loss and slows aging.



Sunday 4 PM Knowledge Room

Linda Drake

Discover Your Life Purpose and Achieve It

Join Linda Drake to learn how to create the relationships, careers, and success in life that you desire. As a channel for the group consciousness of Abraham, Linda shares Abraham's wisdom and messages of guidance. Gain a better understanding of the issues you chose for this

lifetime as well as the knowledge and tools to help you overcome the negative beliefs and patterns that challenge your relationships.



Sunday 5 PM Center Stage

Hatice Yavuz

The Power of Raw

Aligned Modern Health's raw food detox counselor and president of Ph for Balance, received a physical therapy degree in Izmir, Turkey. She practiced as a physical therapist at Balcova Thermal Treatment Center. Now a certified raw food chef and instructor

by Raw Gourmet International she has taught classes in Chicago and Turkey.



Sunday 5 PM Healthy Living Stage

Joanne Lysak

Create the Life You Desire

If you want more out of life including dynamic health, unlimited wealth, loving relationships, happiness, freedom and abundance, then you want to be sure you join Joanne in this wonderful presentation. Using the Universal Laws, she will

teach you how you can make all of your dreams come true. Your wish is your command. You are the genie.



Sunday 5 PM Knowledge Room

Evan Frost

Importance of Psychic Protection

Join energy worker Evan Frost for a discussion on the importance of psychic protection and demonic entity removal. Evan will share effective techniques for protection.

Sunday 5 PM Connection Room



David Houle Presents:

Holding Space

Movie Presentation

This short 33-minute documentary about the most spiritual and largest theme camp at Burning Man, The Sacred Spaces Village, asks 'How do people create a functioning, spiritually open community in the middle of the desert?' Already making the rounds of film festivals, this documentary was directed and produced by Futurist David Houle, a winner of two Emmys, a Peabody and an Academy Award nomination.

David Houle, a futurist, thinker and speaker spent more than 20 years in media and entertainment. He has worked at NBC, CBS and as part of the senior executive team that created and launched MTV, Nickelodeon, VH1 and CNN Headline News. Houle has won two Emmys, the prestigious George Foster Peabody award and the Heartland award for "Hank Aaron: Chasing the Dream". He was also nominated for an Academy Award.

"How about a film to close out
Whole Life Expo?"



Sunday 6 PM Knowledge Room

Nancy Newman

The Secret Code to Your Toes

Master toe reader Nancy A. Newman uses humor, intuition, and insight to explain the meanings of some of the symbols and codes displayed on our feet and toes. In this interactive presentation, Nancy enlists audience members to assist in the

demonstration and answers questions from the audience about their own toes or toes of someone they know. Fun, fast-paced, and always fascinating, Nancy decodes the secrets hidden in our toes and feet!

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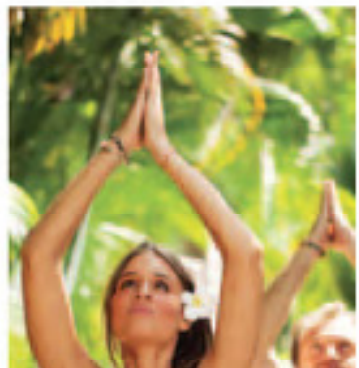
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THE LONGEVITY PAVILION

hosted by Greta Blackburn

- An expo inside Whole Life Expo to explore the more cutting edge of "hard science" that will guide us in our evolving humanity

Let's face it, science scares people. words like "Doctor" and "Hospital", marketing studies tell us, conjure up images of death, disease and dying.

Technology, however, appeals to all of us. Most of us love our iPods, iPads and electronic tablets, phones and gadgets. We rely on technology to get through our days with style and speed.

The Longevity Pavilion will feature technologies, products, protocols and yes, science, that are here today to help all of us Make 100 the New 50. No need to be scared, however, because the skills and tools you will see showcased here can add years to your life, life to your years and keep you going strong, smart and sexy for decades to come.

Mingle with top experts in the fields of stem cells, telomeres, artificial intelligence, and more. Learn about supplements that are available NOW before their mainstream launches. Get the inside track on what really WORKS and what is simply more l'huile de reptile--and there's plenty of that out there. Presentations, exhibits, samples and superstars in their fields will make the Pavilion a Baby Boomers best friend.

Admission

Longevity Hall is free with Whole Life Expo ticket, or may be purchased separately for \$10 good for both days

Location

Utopia room 2

Exhibitor List

will be posted on May 1



Saturday:

10 AM Bryant Villeponteau, PHD

Unlock the Secrets in Your Cells and Crack the Age Code



Noon David Kekich

Smart, Strong and Sexy at 100?

Founder of Maximum Life Foundation (VIRTUAL SEMINAR)



2PM Greta Blackburn

Longevity Lifestyles of the Rich and Famous



4PM Freddy Ravel

Songs in theKey of DNA



Sunday:

Noon Aubrey DeGrey

How Future Medicine will give us Unlimited Youth (VIRTUAL SEMINAR)



1PM Mark Masfield

Investment As Anti-Aging Strategy

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